



Department of Veterans Affairs Medical Center
3710 SW U.S. Veterans Hospital Road
Portland, OR 97207
(503) 273-5042



VOLUNTARY SERVICE

James Tuchschildt, MD. MM. Director

Jan/Feb/Mar Winter Edition 2006

Kay Hilt, Chief, Voluntary Service

Date/ Events

Inside This Issue:

• From the desk of the Chief	Front
• Mandatory Training Information	2
• VAVS Executive Committee reports	3
• Volunteer Profiles	4-5
• Portland and Vancouver News	6-10
• Recipes	11
• Awards Banquet Information	12
• Awards Banquet Registration form	13

Upcoming Events:

VAVS Quarterly Meeting	02/07/06
National Salute to Hospitalized Veterans	02/14/06
Presidents Day—Offices Closed	02/20/06
Awards Banquet	04/13/06

FROM THE DESK OF THE CHIEF

This year marks the 60th year of VAVS. Although many changes in the role of volunteers have occurred since 1946, the underlying mission of caring for veterans persists. We have active volunteers who have been supporting hospitalized (and now outpatient) veterans for more than 40 years: Sarah Swanson, Joy Budihas, Thelma Hathaway and Marilyn James. Each of these volunteers has great stories to tell about what they did as volunteers “way back when”. The Vancouver campus was not a part of the Portland VAMC; it was Barnes Army Hospital, with rows of barracks, an operating theater, a morgue, etc., until 1986. The Portland campus had large brick buildings and some VA staff lived on campus in VA housing. Both facilities had colored stripes on the

hallway floors to direct patients and visitors to various parts of the hospital. It was not uncommon for patients to stay at the hospital for months or even years. Since 1946, volunteers have supported the veterans and the medical centers by giving their time, talents and resources. We have an active student volunteer corps with students coming from Vancouver, Evergreen, Beaverton, David Douglas, Portland Public Schools and the Center for Advanced Learning. It is hoped that the students will come back as adult volunteers after they graduate. Each year, VAVS Central Office posts recruitment goals for the year. This year the focus is on recruiting Baby Boomers who are now ages 41-60. These are the folks who will soon be retiring with, hopefully, a desire



to continue providing useful service to our communities. If you know of people who fit this category and who are exploring meaningful ways to spend some of their retirement years, please have them contact our office.

To all of those volunteers who paved the way 60 years ago; to all who are yet to begin volunteering and to every volunteer in-between, thank you so much for caring enough to give your time, talents and resources to remember those who paid their dues in service to America.

Kay

Volunteers the Heart of America



MANDATORY TRAINING INFORMATION

NO FEAR?

No, this does not mean you are not scared! This is the latest in information that VACO (VA Central Office) wants you to know. In May 2002, Congress enacted the **Notification and Federal Employee Antidiscrimination Retaliation Act**. (NO FEAR) This act protects federal employees from reprisals for reporting what they believe to be:

- Evidence of violation of law, rule or regulation
- Gross mismanagement
- An abuse of authority
- A substantial and specific danger to public health or safety
- The only exception is if the disclosure is specifically prohibited by law or such information is specifically required by Executive Order to be kept secret in the interest of national defense or the conduct of foreign affairs. Not all disclosures rise to the level covered under the law. Minor waste of funds or trivial wrong doing or negligence are not considered to be “gross” waste or mismanagement. Disclosures need not be completely accurate to be protected by this law.

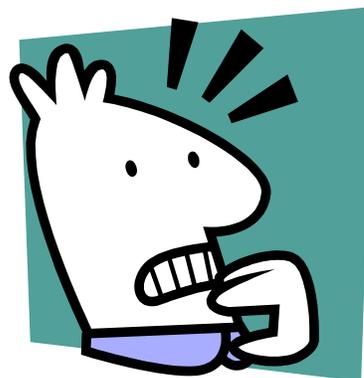
Volunteers are considered employees without compensation and, as such, cannot be retaliated against for whistle blowing disclosures. If you believe you are a victim of whistleblower retaliation, you may contact the VA IG (Office of the Inspector General) Hotline number at 1 (800) 488-8244 or file a complaint with the U.S. Office of Special counsel (OSC); 1730 M Street NW., Suite 218; Washington, DC 20036-4505.

As a Volunteer there are several laws which protect you against discrimination. They are:

- Title VII of the Civil Rights Act of 1964
- Equal Pay Act of 1963
- Age Discrimination in Employment Act of 1967
- Sections 501 and 505 of the Rehabilitation Act of 1973
- Civil Rights Act of 1991

If you believe you have been the victim of unlawful discrimination on the basis of race, color, religion, sex, national origin, or disability you may contact an ORM (Office of Resolution Management) Equal Employment Opportunity (EEO) counselor at 1(888) RES EEO1 or TDD 1(888)626-9008 within 45 days of the alleged discriminatory action.

This information will be covered in this year’s mandatory training review.



VAVS EXECUTIVE COMMITTEE REPORTS

PORTLAND

January was our clearance and Valentine sale. The clearance sale enabled us to reduce our inventory substantially and still make money. Valentine items and new miscellaneous items also adorned the table. Of course, the big hit is always the ice cream - it doesn't matter what the weather is like outside. We really have a lot of fun working the sales and especially dip-

ping ice cream. If you are interested in helping with this event, please let us know.

Birdie Foust, a volunteer for the VFWA, is our Volunteer of the quarter. Birdie is always willing to help. She is a very pleasant volunteer and helps even before she is asked. She has lots of good ideas and is a pro on displaying items for our sales.

The Employee Award for this quarter goes to Jaya Saiz. She is a nurse who is

very helpful to the patients. She is a very pleasant person who knows how to care for and respect veterans. Promptness is a special quality and this lady is very prompt. If she says she will do something at a special time, she will be there at that time.

Thank you volunteers and employees for making the Portland VAMC one of the best.

By Nita Lucht, Chairman

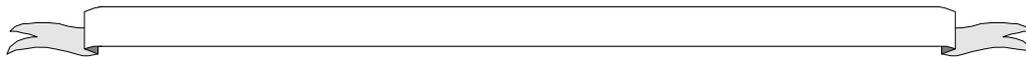
VANCOUVER

New officers were elected at our December meeting. They are: Chairman, Michael J. Archer Sr.; Vice Chairman, Rex Hopper; Secretary, JoAnn Strickland; Treasurer, Sandy Chapman. The members of the Vancouver VAVS Executive Committee wish to congratulate the outgoing officers for a great job over the last two years.

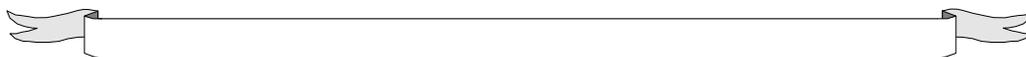
We are going to continue following their example by having more fund raisers, improve popcorn sales and do an even better job of helping veterans. In November and December we put on bake sales that were very successful, putting over \$400.00 in our treasury. We, with the help of the American Legion Aux., were also able to make it possible for the TLU to have a very nice Christmas Dinner.

I am an Army Veteran, life member of the VFW and the Military Order of the Cootie. I am the VAVS Representative for the M.O.C. The Cooties are dedicated to helping veterans in the hospital, hence our slogan "KEEP THEM SMILING IN BEDS OF WHITE".

By Michael J. Archer Sr.



Man lives as long as there are those who bear the stamp of his influence



VOLUNTEER PROFILES

DENNIS SCHMIDT



Dennis was born in The Dalles, Oregon, but moved to Hubbard, Oregon with his family during his childhood years. He attended North Marion High School, via school bussing, and then went on to attend Pacific University, Napa Jr. College and Portland State.

Dennis worked for ESCO Corporation in Portland before going into the Air Force, where he became a hydraulic mechanic, stationed at Travis Air Force Base. Thanks to a cousin who lived near Sacramento, he became pen pals with the young woman who would later become his wife. They were married just three months prior to his tour in Vietnam and they will celebrate their 40th wedding anniversary this coming summer. After com-

pleting his tour of duty, they returned to Oregon where Dennis went back to work for ESCO, where he remained until retiring just four years ago. The Tigard area has been their home for approximately 30 years. They have a son and daughter, who are both married. Another very important person in Dennis' life is his grandson.

Volunteering is a vital part of Dennis' life. He is a volunteer for the Elks, helping with bingo and visiting the wards at the Portland VA. He also helps with the Elks Lodge bingo, serves on the breakfast committee and helps with Christmas baskets. Dennis was the first Exalted Ruler of the Tualatin Valley Elks and currently is their Tyler. He also belongs to the VFW and AMVETS.

Dennis likes to fish and often goes with Bob Wickstrom (another long time Elk volunteer at the Portland VA). For several years, they have worked together in various volunteering capacities. Bob invited Dennis to help with the VAVS ice cream sales located in the atrium and he accepted. Dennis has fun and accomplishes plenty during

these sales. He is a real asset, helping with the heavy lifting and running for more ice cream.

Another of his volunteer activities is helping with Bike-a-thons. This activity is promoted by the Independent Order of Foresters. He also helps them with a fundraiser for Gales Creek, the proceeds of which go for Diabetic Children.

He enjoys woodworking for pleasure and has made many flag stands. He has also presented flags to Eagle Courts of Honor for Boy Scouts, the Gold Awards for Girl Scouts and the National Capitol, some of which have been flown. So far he has presented 355 of these flags.

Dennis likes to volunteer because it makes him feel good to know that he is helping make lives better. Just taking time out to talk with someone can make a big difference in a person's life and I believe Dennis makes a big difference wherever he goes. Thank you for caring so much about other people and bringing happiness into their lives. And, a big "THANK YOU" for your dedication on the ice cream team.

By Nita Lucht

SMILING

Smiling is infectious,
you catch it like the flu.
when someone smiled at me
today,
I started smiling too.

I passed around the corner,
and someone saw my grin.
when he smiled I realized.
I'd passed it on to him!

I thought about that smile,
then I realized it's worth.
a single smile just like mine,
could travel round the Earth



PHIL RUHMSHOTTEL



Phil was born on March 13, 1941, spent his early childhood years in Monroe, NY and then moved to Newburg, NY in 1951, where he completed high school at Central High in 1959. Phil enlisted in the Marine Corps three months prior to graduation and left for boot camp just eight days after receiving his diploma.

After completing boot camp at Parris Island, he reported to Camp Geiger, NC for one month each of guard duty and infantry training. He was then assigned to the 3rd battalion, 2nd Marines at Camp Lejuene, NC, where he served as a machine gunner for two years. During that time he made several cruises to Puerto Rico and the Mediterranean. Phil then extended one year and went to the Philippine Islands where he worked in a guard company on a radio relay station before being promoted to Sergeant and transferring to Assistant Brig Warden.

While in the Philippines he married and was blessed with the birth of his

eldest daughter, who was born just prior to his discharge. After being discharged, Phil returned to New York, where he worked for a short time with his father. Shortly thereafter, he began working for Pepsi Cola Company and purchased several 7-Up routes. Three years later he sold his routes and moved to Portland. He then went to work for Coca-Cola, where he worked for the next 27 years before retiring in 1999.

Phil met his lovely wife Caroline in 1985 and calls his successful marriage “a 20 year love story”. Although Caroline initially had little interest in joining the Marine Corps League Auxiliary, she has since become very active and is now the National Junior Vice President.

Phil currently belongs to the Marine Corps League, the Disabled American Veterans, the American Legion and Forty and Eight. He has held many offices, including the Marine Corps League Detachment Commandant, Department Commandant, and NW Division Assistant Vice-Commandant. He currently serves as the National Treasurer of the Military Order of the Devil Dogs, the “fun and honor society” of the Marine Corps League. Phil is also a VAVS Deputy Representative for the Marine Corps League. In addition to all that, he manages to find

time to serve on the Veterans Affairs Advisory Council to Christine Gregoire, the Governor of Washington.

In addition to his work with various organizations, Phil has established a small wood working business. He spends his free time reading. He is a very avid reader and is usually engrossed in up to three books simultaneously. He and Caroline also like to travel and have been doing so quite frequently with the Marine Corp League. They also enjoy the company of their two eldest children, Diane and Alan who live in Portland. Their youngest, Nichole lives in Bristol, Connecticut with her husband, who works for ESPN.

Phil has been volunteering at the VA for almost 6 years. He spent his first two years visiting with veterans in the nursing home and the past four years in charge of the Information Desk in Vancouver. He has been at the Information Desk since its inception and we consider him one of Voluntary Service's best. Thank you Phil for the outstanding service you give to our veterans and for the kindness with which you greet each visitor coming through the front door.

By Toni Davis



PORTLAND AND VANCOUVER NEWS

SAM AND GAYLE DONKIN



Although many of our staff and volunteers have industriously participated in the search for the perfect mate for Gayle, Voluntary Service Specialist our efforts were for naught as fate interceded and finally led her to the man of her dreams. Following a six month engagement, Gayle Cauthers and Sam Donkin were joined in marriage on February 4th, 2006. A recep-

tion for family and friends followed. Gayle and Sam not only looked wonderful in their wedding finery, but appeared blissfully happy. Volunteers and staff alike join together in offering our sincere congratulations and best wishes for a happy, blessed and prosperous future together.

By Julie Guichot

SO PROUD TO FULFILL A REQUEST

The Portland Voluntary Service office recently received a request for new American and POW flags to replace the tattered ones now flying in front of the Portland VA Medical Center. As soon as word was received, the

Portland VAVS Executive Committee stepped up to the plate and provided the funds needed to purchase two of each. It is always an honor for the members of the VAVS Ex-



ecutive Committee to fulfill these patriotic requests. As soon as the new flags arrive and are flying high, we can all be proud to look up and see them flowing in the breeze. What a beautiful sight it will be!

By Barbara Weatherill

TREE OF HONOR

Our "Tree of Honor" located in the atrium each holiday season is a salute to all veterans, living or deceased. Beautiful white dove ornaments were available for the suggested donation price of \$10.00. The price included the cost of engraving the name of a veteran to be honored each year on the Tree of Honor. These special ornaments were then placed from top to bottom throughout the tree with a list

of those veterans being honored displayed nearby. Due to the high demand for these ornaments, they will be sold again this year, beginning around the middle of October. One hundred ornaments were sold last year and we hope to have at least that many available again this year.

The ornaments stay at the VA Medical Center and are displayed each year on the Christmas tree. Our hope is to have so many veterans being honored with this tribute that

soon you will see nothing but the beautiful dove ornaments. We received many comments from loved ones and friends regarding their feelings of pride at having our Veterans (America's best) honored in such a lovely way. We hope you took time to view this great tribute.

By Barbara Weatherill



VOLUNTEER HOLIDAY PARTY



Neil Horton

“A Time for Sharing” was the theme of the volunteer holiday party that took place in the Portland Auditorium, December 3, 2005. Volunteers brought their favorite dessert

or appetizer with recipe for the VAVS recipe book. The party started with everyone helping themselves to “all you can eat” scrumptious desserts and appetizers. The sound of laughter and sleigh bells filled the room when Santa arrived to distribute ornaments and spread holiday cheer.

Surprises and excitement continued through the gift exchange. The gifts were wrapped in several layers of paper and passed in a circle until the music stopped. When the music stopped, a layer of

paper was removed. Whoever removed the last single piece of paper could keep the gift. As the holiday music played, everyone joined by singing along with Christmas carols.



Blaine Aiman

By Barbara Parker

HOLIDAY STOCKINGS

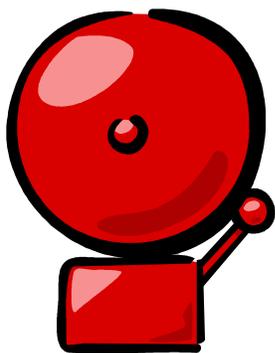
Each year Voluntary Services distributes holiday stockings full of gifts to veter-

ans who are inpatients at the Portland VA and Vancouver division. This year over 200 stockings were passed out by members of the VAVS com-

mittee. Thank you to those who participated in this wonderful tradition.

By Barbara Parker

8 BELLS AND WHAT TO DO



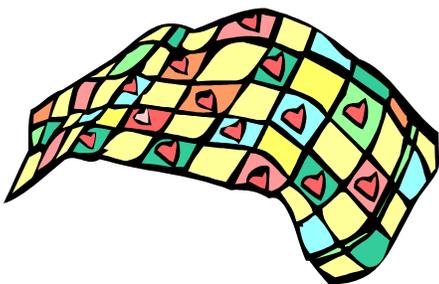
If you heard eight bells would you just think you were hearing things and go about your business? Would you think it probably doesn't pertain to you? Or...“what eight bells”?

Paying attention to those eight bells might save your life or the life of someone else. The sound of eight bells ringing in sequence is the alarm for either an internal or external disaster. Regardless of the cause of the disaster, all volunteers are to report to their supervisors. This means that any volunteer who have work assignments such as coffee cart, ward visitors, anyone who is not assigned to a ward or program is to report to the Voluntary Service Workroom to be counted as part of the manpower pool. All DAV drivers are to report to the HSC Neil Horton's office. Vol-

unteers may be called upon to assist in managing the emergency. In addition to this, if any volunteers have been injured in the emergency, by reporting (or sending word) to the Volunteer Workroom, we will know the extent of the injuries and damage. This information is then conveyed to the medical center command center. At this point you will be informed regarding the next steps and what your involvement will be, if any. Please do not ignore this important warning. **REMEMBER: 8 Bells means to report to the Voluntary Service workroom or your supervisor.**



BEREAVEMENT PROJECT



The Bereavement Project, a program designed to provide comfort and information to family members of dy-

ing or deceased veterans, has been very successful. Vie Anderson, American Legion Auxiliary volunteer at the Portland division, coordinates the distribution of condolence cards to providers of recently deceased veteran patients for forwarding on to family members. Volunteer groups continue to make passage quilts to cover the dying veteran and these quilts are later given to the family member in memorium. The quilts are

4X6, using adult appropriate fabrics. Participation in this project is another way that volunteers can participate in celebrating the contributions of our veterans. If you would like to participate in this project by making quilts or sewing the quotation on the corner of the quilts, please contact Voluntary Services. Your contributions will be sincerely appreciated.

By Julie Guichot

VANCOUVER OFFICES MOVE

New buildings are going up while the old ones are being torn down. The following departments have moved to the east wing of the new building (#18) next to Transitional Lodging:

- Community Reintegration Service
 - ◆ Vocational Rehabilitation
 - ◆ Clothing Room
 - ◆ Computer Resource Room
 - ◆ Housing Case Managers

floor of Clark County Community Health building:

- Fee Basis
- VISN 20
- Office of Resolution Management

The following departments have moved to the 4th

By Barbara Parker

VANCOUVER HAPPINGS

Except for the sound of raindrops, it's been fairly quiet at the Vancouver Nursing Skilled Care Unit since the busy, festive December holiday season. Things will pick up in February, however, during National Salute to Hospitalized Veterans Week. Camp Fire has planned a special activity for February 11, which is de-

scribed in an accompanying article. During the afternoon of February 15th, NSCU residents will be visited by members of the Air Force Reserve. American Red Cross volunteers will hold a Valentine Party on the evening of February 13. Entertainment will be presented by the Red Cross Youth Group from Vancouver's School of Arts and Academics, followed by refreshments.

On its way to becoming a tradition, the third annual Fat Tuesday Ice Cream Social will be held on February 28. Everyone is invited. NSCU veterans are treated to sundaes or floats and, and other participants are asked to make a donation, with proceeds going to the Compassionate Meal Program and the Veterans Special Fund.

By Marjorie Varner



NATIONAL SALUTE TO HOSPITALIZED VETERANS

The National Salute to Hospitalized Veterans program was established to honor hospitalized veterans, increase community awareness of the VA's role in providing comprehensive medical care to the nation's veterans and to encourage Americans to visit hospitalized veterans and work as VA volunteers.

Each year, during the week of Valentines Day, we are given the opportunity to say "thank you" to veterans currently being cared for in VA Medical Centers, clinics, domiciliaries and nursing homes throughout the country. The

traditional observance during this week is appropriate because the sentiments of caring and sharing match the Salute's purpose of expressing honor and appreciation to hospitalized veterans.

A Chairman is selected annually to represent the program. He or she will visit hospitalized veterans during Hospitalized Veterans week and at various times throughout the year, serving as spokesperson for VA Voluntary Service.

Hundreds of thousands of Valentines are made by school children, Boy and Girl Scouts and adults throughout the country each year. These cards are then collected, mailed to various VA Medical

Centers and distributed to patients. In Portland and Vancouver, Boy and Girl scout groups use many of these Valentines to make banners to post throughout the Medical Centers.

Although we can never repay our vets for the sacrifices they have made, we can do something to cheer them up and let them know they have not been forgotten. It is wonderful to see these special volunteers bring so much pleasure to the men and women who were willing to lay down their lives for us. They deserve to be remembered.

By Julie Guichot

HOLIDAY TRAIN



Gordon Huggins

Model electric trains were again a main attraction at both Portland VA Medical Center and Vancouver Division during the 2005 holiday

season. The train at the Portland Medical Center began its run around the "Tree of Honor" the day after Thanksgiving and continued running until December 22nd. Volunteers participated by watching and fielding questions about both the train and the ornaments that decorated the tree.

The train at the Vancouver Division was displayed this year in the Nursing Skilled Care Unit's dining room instead of the D-7 atrium. Veterans currently staying in the NSCU were able to enjoy the train, along with memories of yesteryear.

As the engineer of both trains, I wish to express my personal thanks to all of the volunteers who helped make this activity such a success. A special thank you also goes to veteran Gordon Huggins who donated the Vancouver train and volunteered his time to maintain the trains.

We have just recently received a third train, which was anonymously donated by the Gresham Elks, so next year everyone can enjoy seeing this train as well

By Bruce Gross



PORTLAND VA BUILDS RELATIONSHIP WITH CAL



Beginning in September of 2005, the Portland VA Medical Center started a new student volunteer program with The Center For Advanced Learning (CAL). CAL is the only charter high school

of its kind in the nation, providing technical and clinical education and internship opportunities for advanced students in the Gresham-Barlow, Corbett, Centennial and Reynolds school districts. The Center received a national education grant in 2001 and have since been building relationships with many local high-tech engineering companies and medical centers in the Portland metro area. These professional relationships offer hands-on opportunities for the students to apply the learned skills outside of

the classroom and provide needed assistance to the organizations. The Portland VA is currently working with the healthcare magnet students and have had successful placements in Physical Therapy, Anatomic Pathology, Mental Health, Optometry, Dental and Pharmacy. We are pleased with the positive outcome and hope to recruit a larger team of CAL students in the future

By Gayle Cauthers

GOODBYE TIRED PIANO, HELLO BABY GRAND



Thanks to a Portland music company, Classic Pi-

anos, Voluntary Service now has a beautiful, refurbished, Story & Clark baby grand piano for the atrium. This gorgeous piece of musical equipment replaces the rather worn out, broken down, tired piano that has been used in recent years. Gifts such as this continue to make a positive impact on the lives of our veterans, visitors and staff. Our piano players, musicians and listeners have all remarked on both the beauty of

the piano and quality of music emitted from this generous contribution. On behalf of all those throughout the Medical Center who are able to enjoy the benefits of this wonderful donation, the Voluntary Service staff would like to convey our sincere appreciation to Classic Pianos for their thoughtful gift.

By Julie Guichot

Laughter is the sweetest music that ever greeted the human ear



RECIPES

BACON WRAPPED WATER CHESTNUTS

Prep Time: 15 Minutes
Cook time: 50 Minutes

Ready in: 1 Hr, 5 Minutes
Yields: 18 Servings

"Mouth-watering bacon and water chestnut appetizer, covered with a savory sauce and baked."

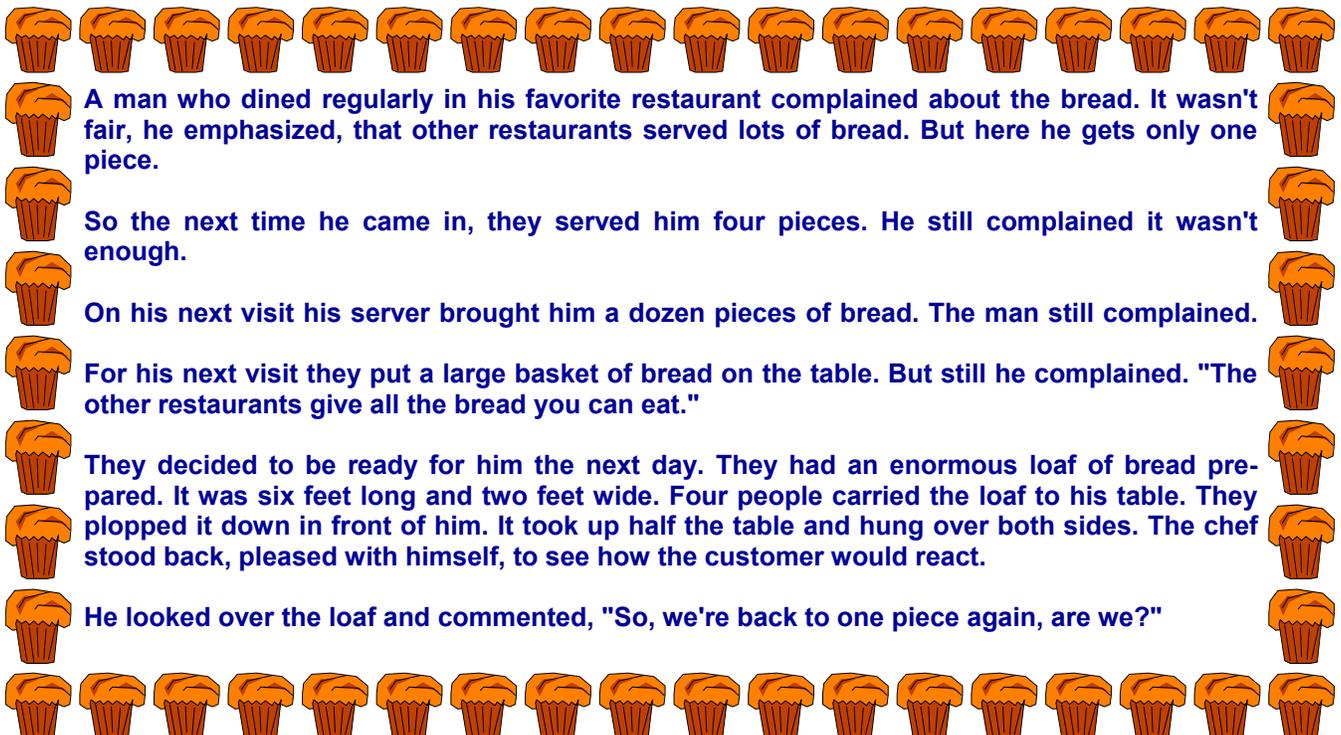
INGREDIENTS:

1 cup ketchup
1 cup brown sugar
1 teaspoon Worcestershire sauce

16 ounces sliced bacon
2 (8 ounce) cans chestnuts, drained

DIRECTIONS:

- Preheat oven to 350 degrees F (175 degrees C).
- In a saucepan, combine ketchup, brown sugar and Worcestershire sauce; heat just to boiling. Pour sauce over bacon and water chestnuts
- Cut bacon slices into thirds. Cut some of the bigger water chestnuts in half. Wrap chestnuts in bacon and secure with toothpick; place in a 9 x 13 pan.
- Bake in preheated oven until bacon is completely cooked, about 45 to 50 minutes.



All volunteers: Plan now to attend this year's Annual Volunteer Awards Banquet



"VOLUNTEERS PLANT THE SEEDS OF KINDNESS"

April 13, 2006

11:30 am Lunch Served

Check in begins at 11:00 am

Cost is \$12.00

(As always, there is no cost to volunteers receiving an award for hours/years of service)

Monarch Hotel

12566 SE 93rd Ave

The staff of Voluntary Service has some exciting changes planned for this years Awards Banquet. For the first time, all volunteers will be receiving recognition for their individual contributions to the PVAMC. In addition, all attendees will be receiving special mementos of this unforgettable day.

Last year's special awards were so successful, that we will once again be presenting "sunshine awards" to those who have made exceptional contributions throughout the year.

We look forward to your attendance. All of your contributions are appreciated by those we serve at the PVAMC and the staff at Voluntary Service. We will do our very best to make this year's banquet our best ever.

See you there!



VOLUNTEERS PLANT THE SEEDS OF KINDNESS 2006 AWARDS BANQUET

ENTRÉE CHOICES: 1. Chicken Pasta Primavera or 2. Vegetable Wellington

NAME _____ Award Recipient yes no

Pasta Vegetarian

GUEST NAME(S) _____ Pasta Vegetarian
_____ Pasta Vegetarian
_____ Pasta Vegetarian

Cost: \$12.00 per lunch. Make checks payable to VAMC. No cost for people receiving hours/years awards.



Registration deadline April 3rd



The Shuttle will depart the Vancouver facility at 10:00 am in route to the Portland facility. Departure from the Portland Medical Center to the Monarch Hotel is scheduled for 10:40 am. The return shuttle will depart the Monarch at 2:00 pm. If you are interested in using the shuttle, please call early to reserve your seat. Thank you.

DIRECTIONS

NORTH ON I-205: Sunnyside Rd/Sunnybrook Blvd Exit #14. Turn Left onto Sunnybrook Blvd at top of off-ramp. Go to second stoplight; turn Right. This is SE 93rd Ave and will lead to entrance to the Monarch Hotel.

SOUTH ON I-205: Take Sunnyside Rd/Sunnybrook Blvd exit #14. Turn Right onto Sunnyside Rd at top of off-ramp merging into the far left lane. Turn left at first stoplight. This is SE 93rd Ave and will lead to the entrance to the Monarch Hotel.



12566 SE 93rd, Clackamas, OR





PORTLAND VA MEDICAL CENTER
VOLUNTARY SERVICE (P5 VOL)
PO BOX 1034
3710 SW US VETERANS HOSPITAL ROAD
PORTLAND, OR 97207

Official Business
Penalty for Personal use \$300.00

PORTLAND VA MEDICAL CENTER
