



VOLUNTARY SERVICE

James Tuchschtmidt, MD. MM. Director Oct/Nov/Dec. Fall Edition 2005 Kay Hilt, Chief, Voluntary Service

Upcoming Events:

- November 11, Veterans Day, - Offices closed.
- November 24th, Thanksgiving Day—Office closed.
- November 28—December 2—American Legion Aux Gift Shop for Veterans
- December 3—Voluntary Service Holiday Party in the Portland Auditorium
- December 26, Closed in observance of Christmas.
- January 2, Closed in observance of New Years
- January 11 and 12, VAVS Executive Committee Ice Cream and Gift Sale
- February 7—VAVS Quarterly Meeting—Portland

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FROM THE DESK OF THE CHIEF

GREETINGS EVERYONE!

Our recent rain and cold weather is a sure sign that Winter is beginning to breath its frosty breath on us. It really seems like it was only last week that I was picking tomatoes from the garden. Now when I go into a store, there is holiday music playing. The anticipation of the winter holidays always stirs those memories of cold, snowy days back in the Midwest when our family would gather; everyone, bundled up in mufflers and ga-

loshes, would arrive red-cheeked and bearing steaming dishes of yummy food to share. We don't have much snow here (and some people would say "thank goodness" for that) but we do have the same warm holiday spirit that we share in abundance. Being in the hospital any time is not what most people would choose to do for fun and being in the hospital during the holidays can be a lonely experience. Once again, the holiday spirit you share with those less fortunate is



a gift that lasts well beyond the season. It is a gift that is remembered long after the snow and rain has moved on for another year. Thank you for caring and sharing! I wish each of you a wonderful holiday season! How ever you spend this time, know that you are loved and appreciated and that gift of your smile is a priceless treasure to someone who has lost theirs. Happy Holidays and good fortune to all of you in the new year!

Kay

THREE NEW VANS JOIN THE FLEET



On September 15, 2005, three new vans joined the fleet of DAV transportation network vans. The gift of these vans was made possible through funds raised by the Tillamook Elks, spearheaded by Bob Wirth of Bob Wirth Motors-

Tillamook, and the Disabled American Veterans. Present at the dedication of these vans were representatives of the DAV, the DAVA, the Elks, volunteer drivers, VA staff and many other people who support this important program. Dwayne Adams, Sr. Vice Commander, DAV Department of Oregon presented the keys to Floss Mambourg, Associate Director for Operations, VAMC. Balloons with wishes for safe travel were released at the conclusion of the ceremony. The Transportation Network transports 13,000

riders per year covering approximately 400,000 miles per year. These vans, driven by 110 dedicated volunteer drivers, bring veterans from Astoria, Tillamook, Florence, Eugene, Salem, Yamhill County, The Dalles, Bend, Kelso/Longview and Portland to the medical center for their appointments. The new vans are a much needed replacement for some of the tired old vans that have out lived their road worthiness.

By Kay Hilt

VAVS EXECUTIVE COMMITTEES

PORTLAND VAVS

Our committee is looking for new members, especially those who are capable of dipping ice cream and lifting ice chests of ice cream and ice. Applications were distributed at the recent VAVS Quarterly Meeting.

One of the qualifications is that they must be a Representative or

Deputy at the Portland VAMC. If you are interested, or know of someone who is, please let Voluntary Service know. We are in hopes that we will soon have a member from the Salvation Army to replace one who moved to another state.

The successful bimonthly sales enables us to purchase items for our veteran projects. We are try-

ing to keep the sales items interesting and of quality. The ice cream sales remain a real money maker. I want to thank those who help with the ice cream and sales table. They are really dedicated and very much appreciated.

By Nita Lucht

VANCOUVER VAVS

The Vancouver VAVS Executive Committee is busy with sev-

eral fundraising projects that will enable it to supply items needed by veterans at the Vancouver Division.

In addition to popcorn sales, a bake sale was held on November

17 and a holiday bake and craft sale is scheduled for December 15.

By Marjorie Varner

SPECIAL PROFILES

GERDA ALLEN



Gerda spent her childhood days in Northern Germany near Hamburg. The family, which included a brother and sister, lived in the country where her father worked a farm. Gerda learned English while working in a laundry in England and for an English family in Germany.

Gerda married a man she had met through mutual friends while he was serving in the Air Force in Germany. Once her husband's overseas tour of duty was up, he returned to the United States, leaving Gerda to follow with their son when circumstances permitted.

When Gerda was able to follow she had a choice of flying on a military plane or using civilian transportation. She decided to use civilian transportation, which created a few problems when flight delays resulted in an overnight hotel stay and delays getting to London. She arrived in Oregon on a rainy, dreary day in October, 1963. The damp weather made her want to return to Germany, but she remained and called Central Oregon her home, where she found the sunshine and snow more welcoming. Her sister and brother still live in Germany and although she has no thoughts of returning there to live, she does go back for visits.

Once her son became a high school student, Gerda decided to go back to work and has worked in a small restaurant and at a drive-in. She enjoyed working these jobs because she came into contact with so many people and, as she said, "it was fun." When asked if she prepared any German dishes she replied, "No, it was mostly sandwiches and hotdogs." That is probably why her husband referred

to the restaurant as "a glorified hot-dog stand."

Gerda also enjoys growing flowers and doing yard work. Roses and other flowers have now replaced the vegetable garden. Like many gardeners, roses are a favorite and about 40 bushes add color and fragrance to her garden. She also enjoys quilting with her church group and eating out with friends and family.

Gerda is the VAVS Representative for the Air Force Sergeants Association Auxiliary and attends all the National Conventions for that organization. She has enjoyed visiting many other states for these conventions, including Alaska. At the Portland VA she volunteers as a courier for the Escort Department. The importance of courier service is apparent every time there is a power failure or the computers go off-line. At times like this, Gerda really gets a workout. Thank you Gerda, for being a member of the volunteer family; you are really appreciated.

By Nita Lucht

JEFF GLOCKNER



Vancouver Division's volunteer profile is about one of our newer volunteers, Jeff Glockner, who began volunteering in March, 2005. Jeff was born in Seattle and attended school in that area. After graduating from Renton High School in 1973, he joined the Army, but returned home later the same year due to a training injury. After recovering from his injury, Jeff attended a trade school for Culinary Arts and upon completion became a Pantry Chef. Shortly thereafter, Jeff decided the culinary arts wasn't exactly what he wanted

to do with his life so accepted employment as an Assistant Manager for Florshime Shoes. Jeff married in 1988 and has a 13 year-old son named Nolan whom he adores.

When the 6-6" veteran walked into the office asking about volunteer opportunities, we were happy to tell him what was available. During the initial conversation when asked his name he replied, "Baby Hughey". It was immediately clear that Jeff was a funny character and that this was going to be a very interesting chat. One of the topics of conversation was his enormous interest in painting miniature figurines and putting together models. Later that week, Jeff brought a miniature figurine of a Vietnam Special Forces soldier that he had painted to the Vancouver facility to show. The model soldier was about 5 inches high and the fine details displayed in Jeff's work was brilliant. In 2004, Jeff entered his models and minia-

ture figurines into the local veterans arts and crafts fair at the VA, in Seattle, WA, and won first place in his division. That same year he also won first place in the National Creative Arts Festival at the VA in Salt Lake City.

Jeff currently volunteers in the Nursing Skilled Care Unit (NSCU) Craft Room, working one-to-one with veterans needing help with craft projects. He recently finished a model of the USS NIMITZ, CVN-68, which took approximately five weeks to complete. The completed model was so impressive that a place of honor was created to display his work. Jeff's miniature "NIMITZ" will be placed in a glass case at the NSCU for all to see and enjoy. Thank you Jeff sharing your great talent.

By Toni Davis

PORTLAND AND VANCOUVER HIGHLIGHTS

VOLUNTEER HOLIDAY PARTY!

The holidays are here again and Voluntary Service has made special plans for this year's party. In the spirit of sharing we have planned an event so that everyone can participate in the festivities. This year's holiday party will be held in the Portland VA Auditorium on Saturday, December 3rd at 11:00 AM. This will enable DAV drivers and other volunteers living further afield to attend the party. Parking is never a problem on the weekend, so if you choose to drive, there will be plenty of parking in patient/visitor parking.

The auditorium will be festively decorated, and arrangements have been made for special visitors and entertainment. You are also welcome to participate in our holiday gift exchange. Participants are asked to bring a gift with a value of less than \$5.00, wrapped in multiple layers of paper. We will keep passing gifts around until the last layer of paper is unwrapped. The person who unwraps the final layer of gift wrap will receive the gift.

Your participation is also desired in order to create a very

special remembrance of this year's activities. To accomplish this we would like each volunteer to bring their favorite dessert or dessert-type snack, along with the recipe, to share with our party goers. If you are sugar sensitive, please share your sugar-free recipes as well. The feast should be spectacular!! All recipes will be placed in our special remembrance cookbook for distribution to our volunteers.

Mark your calendars now and plan to attend.

By Julie Guichot



TRICK-OR-TREAT



Staff and volunteers had their hands full again this year directing little ghosts, goblins, bumble bees, magicians and a variety of other trick-or-treaters from the day care unit around the campus to collect goodies. Many staff members were also creatively attired to welcome the children. Although our little trick-or-treaters put in

some mileage traipsing around the facility, they had a great time collecting their little prizes. The children finally ended the festivities back at school, well rewarded, but thoroughly worn out from the excursion.

By Julie Guichot

BEAVERTON SCHOOLS CAREER FAIR

Voluntary Services, in cooperation with the Beaverton Career Focus Coordinator sponsored a Career Fair in October for the Beaverton High School students. Our focus is to recruit a new generation of young volunteers. While

at the fair these students were able to meet hospital staff from the various departments and ask questions about each profession. High school students participating in the Career Focus program consistently contribute to the quality of service the medical center provides. In return they receive on-the-job mentoring, designed to assist them in developing the skills necessary to

actively compete in the professional arena. Our hope is to invite students interested in health occupations to volunteer with staff and veterans. We are hopeful these volunteer placements throughout the facility will create potential career placements for them in the years to come.

By Julie Guichot

FLU SEASON

Flu season is on the horizon. The flu is a contagious illness caused by influenza viruses that attack the respiratory tract in humans. The flu usually comes on suddenly with symptoms including fever (usually high), headache, extreme fatigue, body aches, cough, and sometimes sore throat and stuffy nose. The common cold, on

the other hand, seldom produces fever, headache, severe aches or fatigue.

Flu shots are offered to high risk people when they are seen by healthcare providers. The best time to get vaccinated is from October through November. Flu in the United States usually peaks between late December and early March. A late vaccination is better than none -even if the flu is already

present in your community. Flu shots are now available for volunteers in Occupational Health at the Portland VA Medical Center, or in Primary Care at the Vancouver Medical Center. If you would like to receive a flu shot, please feel free to stop by one the areas indicated above during your next visit to Portland or Vancouver.

By Julie Guichot

Simple Acts of Kindness



"Kind words produce their own image in men's souls; and a beautiful image it is. They soothe and quiet and comfort the hearer. They shame him out of his sour, morose, unkind feelings. We have not yet begun to use kind words in such abundance as they ought to be used."

"Isn't it amazing how often we can touch someone's life, and enrich our own, by a very simple act? Kindness, pass it on...what a wonderful way in which to pattern our lives!"

**VOLUNTEER
RECOGNITION**



Each year at the awards banquet we acknowledge volunteers who have made special contributions or gone the extra mile during the previous year. If you know of someone who consistently gives more than their job description requires, please inform one of the staff members at Voluntary Service so that your nominee may be considered for a special contribution award at this

year's awards banquet. If you wish to nominate someone please fill out the form below and return it to Voluntary Service as soon as possible. Voluntary Service will accept nominations through the end of February, 2006.

By Julie Guichot

AWARD NOMINATION

Name: _____

Normal Assignment: _____

What nominee did to be Nominated: _____

Special Considerations: _____

Submitted by: _____

CHRISTMAS TRAIN



Portland Veterans Affairs Medical Center was gifted with a model electric train last year. Thanks to the services of many of our volunteers we were able to operate the train almost daily around the Christmas tree located in the atrium.

We are once again asking for volunteers to help run the train. We need fifteen people each week to help operate the train. All that is required of you is to sit by the train to ensure it continues to run smoothly. The train runs on two hour shifts at 8:30am,

10:30am and 12:30pm.

If you would like to help please contact Bruce Gross at Portland Voluntary Service at 1-800-949-1004 extension 5-5964 or by e-mail at bruce.gross@med.va.gov. If Bruce is unavailable, please leave your name, phone number and a time for a return call.

We want the train to be running for our veterans again this year and with your help it will be.

By Bruce Gross

As many of you know, the

VETERANS' DAY PORTLAND

On November 8th, the VAVS Executive Committee provided and served cake in the Atrium to veterans, patients and

guests in honor of America's best, our veterans. Each year the VAVS Executive Committee and Voluntary Service shows their deep gratitude to our veterans at the Portland Medical Center by commemorating Veterans' Day in this manner.

The VAVS Executive Committee, Voluntary Service and all the Service Organizations serving our veterans daily at the PVAMC are honored to participate in this special celebration.

By Julie Guichot

VETERANS' DAY VANCOUVER

The Vancouver Division recognized and honored its veterans with several Veterans' Day observances. An impressive Massing of the Colors, with American flags and service organization flags, highlighted a Sunday morning Veterans' Day service on November 6.

Sponsored by the Chaplain Service and Voluntary Service, with the assistance of the Marine Corps League and volunteer Pat Blair, the service was held in the Columbia Room, followed by refreshments furnished by the various service organizations.



served in the Primary Care Clinic area, compliments of the Vancouver VAVS Committee. Hostesses were Sandy Chapman, American Legion Auxiliary, and Freda Fogle, Veterans of Foreign Wars Auxiliary.

By Marjorie Varner

On November 10, Veterans' Day and cake and coffee were

HOLIDAY SEASON AT VANCOUVER DIVISION

Veterans service organizations, community groups, volunteers and VA Recreation Therapy are planning and scheduling activities to provide NSCU veterans with lots of holiday cheer.

During the first week in December, they will be entertained by the Clark County Piano School students and the Clark County Cloggers. On December 10, the

Marlene Schell Dancers will perform, followed a week later by Dance Fusion NW. On December 17, the Military Order of the Cooties and Auxiliary will hold its Holiday Party for NSCU residents in the Victory Room.

A traditional holiday event that dates back to 1947 at the Vancouver division is the American Legion Auxiliary's Gift Shop. It will be held this year December 5-9 in the Columbia Room with Thelma Hathaway as Chairperson. The gift

shop offers NSCU residents an opportunity to choose gifts for their families and, if no family, for two friends. These gift selections are then gift-wrapped, wrapped for mailing and mailed, all postage paid.

In the week before Christmas, American Legion members distribute a gift to each NSCU resident.

By Marjorie Varner

A NEW GOAL FOR A NEW YEAR

Join in the excitement of recruiting new volunteers. Yes, each volunteer is very proud of the work they do at the Portland and Vancouver Division of the Medical Center. What an honor it is to give back to the “best”, our veterans, who have put their lives on the line for us twenty-four/seven.

Our goal for the new year is to have each volunteer recruit at least one new volunteer. It is not hard to do. When you are chat-

ting with your friends, tell them how wonderful volunteering makes you feel and the satisfaction you get from giving your time to help others. With your help, Voluntary Service can fill all requests for assistance, both in Portland and Vancouver.

When you volunteer, your respect, loyalty, and love, along with your patriotic pride, shows in the service you give to our veterans. Remember, many of them have no family. Wouldn't you be happy to know you have brought a smile to the face of a lonely vet?



Let's see who can be first to meet this new goal. VOLUNTEERS, GET READY, SET, GO!

By Barbara Weatherill

VOLUNTEER HOURS

Fiscal year 2004/2005 has come to an end. Volunteer hours for last fiscal year have now been tallied. Your volunteer hours and years of service are listed below. Please review these numbers for accuracy. Remember, your hours and years of service are for the period of October 1, 2004 to September 30, 2005.

If you think there may be an error, please call Voluntary Services at 1-800-949-1004 ext. 3-3612 in Vancouver or ext. 5-5042 in Portland to request a correction. In addition you can e-mail the information to Bruce Gross at bruce.gross@med.va.gov.

The deadline for reporting any corrections is January 18, 2006.

FYI:

Having an accurate count of volunteer hours is very important to Voluntary Services. You have made a major contribution to

veterans by volunteering and it is important to the medical center that your contributions are acknowledged. Please enter your hours on the day of service. This will not only accurately reflect your hours, but protect you under the Federal Tort Claims Protection Act. Please protect yourself and Voluntary Services by signing in when you arrive at the facility.

Because the VA cannot be responsible for anything which occur away from the Medical Center, we can not accept volunteer hours performed away from our location. Hours can only be given for service at the Medical Center. Exceptions to this rule are listed below.

- DAV Transportation drivers are allowed to clock time from the moment they leave their designated city in the morning until they return home in the evening.
- The Chief of Voluntary Service has authority to allow volunteers to receive hours while

working away from the VA site in special circumstances.

- Volunteers with Community Service assignments, such as at a nursing home, may receive credit for their hours.

In an attempt to accommodate everyone, we now have four ways to report volunteer hours. They are:

- Reported on a donation sheet
- A written note, mailed to the Department of Veterans Affairs, P-5-VOL, 3710 SW US Veterans Hospital Road, PO Box 1035, Portland, OR 97239.
- Call your hours in to Voluntary Service at the telephone numbers listed above
- E-mail hours to Bruce Gross at: bruce.gross@med.va.gov.

By Bruce Gross

LAST NAME	FIRST NAME	Hours	Years	LAST NAME	FIRST NAME	Hours	Years
Abair	Gene	90	2	Bolduc	Donald	349	3
Agaliotis	Demon	218	1	Boling	Judy	114	2
Aiman	Charles	2	1	Bolte	Lynn	452	4
Albin	Steven	71	1	Bower	Frank	2,893	5
Alexander	Jack	133	2	Bowlby	Najah	0	0
Alford	Lester	472	4	Bowles	Kristina	212	2
Alice	Carol	4	1	Boyd-Kaminski	Sondra	38	1
Allen	Gerda	3,003	23	Boyet	Chay	578	1
Allphin	Marie	16	1	Boyum	Heidi	17	2
Allphin	Norman	9	1	Bradley	Margie	820	9
Anderson	Akari	224	1	Brandon	Bill	44	4
Anderson	Robert	443	12	Brewer	Janice	16	1
Anderson	Viola	446	2	Brost	Anthony	41	2
Andrew	Floyd	624	4	Brower	Frank	2,893	5
Archer	Sandra	27	1	Brown	Judith	15	1
Archer	Michael	952	5	Brown	Linda	52	1
Archibald	Becky	71	1	Brown	Sandra	782	4
Arfsten	Didi	39	1	Brubaker	Robert	132	1
Armstrong	Frank	1,399	6	Bruening	John	236	7
Atijera	Kera	76	2	Bryant	Dorothy	59	2
Audas	Ashley	124	1	Budihias	Joy	1,107	47
Baer	Daniel	2,958	8	Budihias	John	332	7
Bailey	John	317	2	Burke	William	109	1
Balanyuk	Anastasiya	35	1	Burke	Mary	255	5
Banks	Roger	794	3	Burleigh	Dave	953	13
Barneburg	Kathy	24,575	12	Burlingham	John	432	4
Barnes	Mary	976	16	Burns	Donna	620	10
Barney	Darius	428	1	Burris	Don	117	1
Barrie	Richard	4,209	19	Busch	Rebecca	324	5
Barrie	Ann	4,216	19	Busch	Michael	9	1
Barrowcliff	Robert	121	4	Bussell	Cara	539	1
Beaston	Lillian	1,237	17	Buxton	Glennyce	229	4
Beck	Donna	54	1	Campbell	Douglas	0	0
Beeson	John	101	1	Carey	Chris	16	1
Bell	Michelle	35	1	Carl	Janice	14	2
Bengfort	Lucille	3	1	Carlson	Viola	1,512	28
Bennett	Logan	449	5	Carlson	Katherine	113	2
Benthin	Dennis	20	1	Carman	Tim	31	2
Bishop	Karin	724	6	Carter	Lynn	40	1
Bissonette	Alice	282	6	Carter	Gibson	60	1
Blackburn	Gerard	17,251	10	Casad	Stephen	101	1
Blackburn	Nannette	2,030	6	Casselmann	Melvin	87	2
Blackman	A J	2,097	8	Castien	Lois	48	1
Blackwood	Haris	77	3	Caufman	Marilyn	388	5
Blair	Perry	1,479	11	Cavarno	Anthony	1,518	9
Blair	Barbara	735	4	Chambers	Amanda	338	2
Blair	Patricia	8,906	32	Champagne	Jenifer	0	0
Bobroff	Alexander	281	2	Chapman	Donald	1,742	4
Bodenweiser	Alec	58	2	Chapman	Sandy	628	3
Bodin	Jerry	5,903	31	Chin	Christina	103	1
Bohna	Cozette	5	1	Chinn	David	8	1

LAST NAME	FIRST NAME	Hours	Years
Chow	Brian	48	1
Christensen	Delores	125	3
Christianson	Marjorie	738	6
Christman	Beverly	949	6
Chung	Boram	114	0
Clark	Kevin	706	2
Claudell	Sandra	1	1
Clements	Daniel	75	1
Cleveland	Patricia	32	1
Close	Bertha	36	1
Coffman	Charles	181	1
Cole	Dan	0	0
Cole	Michael	16	1
Coman	Ioan	367	1
Comer	Robert	339	2
Compton	Clarence	1,148	21
Compton	Delora	3,750	25
Conser	Jean	632	9
Cook	Rosemary	2,203	19
Cooley	Joan	75	5
Coover	Delores	2,300	30
Cornwall	George	213	1
Cox	Ruth	1,297	1
Cox	Jerry	831	2
Cracium	Sarah	76	1
Creal	Dennis	55	1
Cruze	Ingeborg	1,860	2
Cruze	Robert	783	2
Culver	Nancy	67	1
Cunningham	Robert	60	1
Curnow	Francis	100	1
Dahl	Dawn	587	7
Dahl	Cyndi	619	7
Davis	Roger	32	3
Davis	Keary	5	1
Deady	Ronald	52	1
Deegan	Kenneth	443	1
Deford	Leonard	14	1
DeGrave	Bernard	30	6
Dennis	Hershel	215	3
Desta	Mulu	165	1
Didier	Andrew	35	1
Dittmer	Henry	1,852	21
Doan	Thi	120	2
Doan	Diep	266	2
Dofelmier	Diane	14	1
Donker	Christa	34	1
Douglass	Dennis	37	1
Dove	Richard	4,348	7
Dove	Thomas	790	4
Dowler	Gary	222	2

LAST NAME	FIRST NAME	Hours	Years
Downes	Patricia	304	1
Downey	Barbara	947	2
Duckett	Al	27	1
Duncan	Diana	174	1
Duncan	Emelia	174	1
Dunlap	Marlin	854	4
Edgerton	Marie	7	1
Eisenga	Mike	1,517	5
Eiss	Francoise	1,584	7
Equall	Steven	474	3
Exton	Jesse	21	1
Fairclo	David	2,922	11
Farham	Ethan	300	2
Farris	Paige	10	1
Ferguson	Robert	2,966	11
Fickett	Miller	302	2
Fisher	Anna	1,062	7
Fisher	Jean	60	1
Fisk	Robert	666	15
Fitch	Keith	730	11
Fletcher	David	91	4
Flohr	Floyd	2,504	8
Fogarty	Michael	4	1
Fogle	George	656	3
Fogle	Freda	681	3
Forsberg	Marie	60	1
Forsyth	Melvin	1,626	4
Foster	Charles	1,111	1
Foster	Daniel	3,067	9
Foust	Alfred	1,581	10
Foust	Alberta	2,286	12
Fox	Richard	282	3
Fox	Charles	55	1
Fox	Tony	71	1
Franklin	Kent	313	3
Fremstad	Clifford	6	1
Fritchman	Lee	86	1
Froseth	Arlene	4,383	13
Froseth	Perry	4,987	13
Fry	John	55	1
Galford	Nancy	210	1
Gallup	Charles	35	1
Garibay	Rafael	253	2
Garland	Jerry	505	1
Garren	Christine	12	1
Garrett	Vivian	146	2
Gascon	Judith	506	2
Gelhar	Billie	314	5
Georgoff	Gregory	156	1
Gill	Henry	32	1
Glenn-Weld	Cornelia	0	0

LAST NAME	FIRST NAME	Hours	Years
Glockner	Jeffrey	188	1
Granda	Martha	417	8
Graves	Orin	16	1
Graves	Nicolina	48	1
Graves	Benny	84	1
Gray	Mary	0	0
Green	Donald	10	1
Green	Heather	8	1
Griffith	Viola	62	2
Grimes	Daniel	254	1
Gross	Joshua	17	2
Gross	Bruce	9,418	15
Habeck	Fred	0	0
Haidet	Mark	0	0
Halsted	Judy	108	3
Haltiner	Robert	1,405	9
Haltiner	Karen	2,396	9
Ham	Anna	990	7
Hamm	Steven	0	0
Hankel	James	3,175	9
Hanson	Richard	1,722	26
Hanson	Adam	2,308	5
Harbell	Daniel	3,519	10
Harding	James	1,235	7
Hardy	Jackson	68	1
Harris	Sheila	174	1
Hathaway	Thelma	16,332	47
Hawker	David	9	1
Haynes	Stephen	14	1
Healy	Mildred	507	5
Herlderson	Jerry	480	2
Hermanson	Harold	186	3
Heslington	William	36	1
Hess	Maxine	961	7
Hiatt	Kari	391	4
Highfill	Holly	0	0
Hill	Larry	275	3
Hitsky	Brian	0	0
Ho	Lily	138	2
Hockin	Ruth	23	1
Hoell	Charles	2,145	8
Hoffas	Ronald	0	0
Hoffman	Eugene	3,750	12
Hogan	Edward	111	1
Hopper	Rex	2,417	4
Horton	Neil	2,082	4
Houston	Phyllis	2,887	9
Howard	Midge	59	1
Howe	Margaret	70	1
Howell	Anthony	153	1
Hubbs	Gary	54	1

LAST NAME	FIRST NAME	Hours	Years
Huerta	Manuel	106	4
Huerta	Susan	127	4
Hughes	Thomas	0	0
Hull, Sr.	Edwin	116	2
Icban	Connie	0	0
Inkenbrandt	Robert	0	0
Irish	Del	672	3
Jackson	LaVern	50	1
Jackson	Ruth	65	1
James	Marilyn	4,863	40
Jeffrey	Robert	384	4
Jemtegaard	Lois	1,640	31
Jewell	David	46	1
Johnson	Patricia	0	0
Johnson	Rose	59	2
Jones	Donald	617	10
Jones	Jacqueline	619	11
Jossi	Fred	3,080	26
Kaminski	Gary	35	1
Kaprielian	Richard	44	1
Keesee	Jerry	340	5
Kelly	Robert	46	2
Kelly	Gerald	91	2
Kendall	Bernard	184	2
Kent	John	455	6
Kerr	Marion	501	2
King	John	1,370	10
King	Phyllis	32	1
King, Sr.	Nelson	10	1
Kinnon	Anthony	134	1
Kirk	Russell	208	4
Kirk	James	208	2
Klinger	Cathy	255	11
Klotz	Karl	669	2
Knott	Leonard	657	4
Koutny	Beverlee	23	1
Kramer	Lewis	35	1
Krausse	Adolf	1,371	6
Krom	Carol	86	2
Kross	Jeremy	147	3
Kutsch	Richard	199	2
Kwiatkocskie	Jason	35	1
Kyle	Howard	161	5
LaFrazia	George	1,229	10
Lampee	Joyce	45	1
Lampee	Thomas	56	1
Lane	William	25	1
Langenback	Richard	40	2
Lantry	John	86	4
Larson	Floyd	579	4
Latt	Holger	46	1

LAST NAME	FIRST NAME	Hours	Years
Laurion	Ruth	13,618	30
Lauro	Art	556	23
Laursen	James	530	2
Lavin	Herbert	127	1
Leach	Anthony	12	1
LeClaire	Larry	160	2
Leitch	Larry	810	4
Leite	Donna	6	2
Lenard	Eugene	545	2
Lentz	Harmony	100	1
Leonard	Dorothy	521	5
Lester	Timothy	38	1
Lewis	Laverne	1,352	7
Liebenow	Linda	100	2
Linde	Dee	111	1
Lindquist	Gloria	485	3
Literski	Dean	155	1
Liu	Zhibo	54	1
Long	Sondra	0	0
Long	Robert	391	3
Lorentz	Theresa	117	3
Lucht	Richard	3,081	22
Lucht	Juanita	3,383	16
Lund	Orville	140	4
Lund	Marvel	301	5
Lund	Jerry	717	3
Lupton	Earl	113	1
Manning	Christian	93	1
Mapes	Kathern	605	16
Marino	Al	55	4
Mariola	Richard	1,440	8
Marl	Timothy	43	1
Marsh	Leonard	2,426	12
Marshall	Sarah	14	1
Martin	Robert	69	3
Maruhn	Anne	3	1
Mask	Gene	2,085	4
Mason	Paul	445	23
Mauceri	Angelo	6	1
Maynard	John	35	1
McAlexander	Robert	424	4
McCarty	Robert	378	2
McCollum	James	0	0
McCorkle	Roger	992	6
McFarland	Charla	172	3
McIver	Melanie	102	2
McLarty	Melvin	789	1
Mclaughlin	Darlene	630	5
McNett	Henry	80	1
McWilliams	James	169	1
Means	Margaret	48	2

LAST NAME	FIRST NAME	Hours	Years
Mease	Roger	0	0
Medina	Viola	33	1
Mello	Victoria	501	2
Mendoza	Patricia	156	2
Mertens	William	100	2
Mertz	Todd	15	1
Messett	Thomas	773	1
Meuwissen	Benard	62	3
Midbust	Gerald	1,035	5
Milburn	Sheleen	78	3
Miller	Jan	0	0
Minaker	Nicki	0	0
Minor	Carolyn	438	27
Modlin	Patricia	35	1
Molloy	Mary	5	1
Moody	Karyn	750	2
Moore	Helen	849	4
Moore	Garry	862	4
Morales	Luis	163	4
Moreland	Robert	272	6
Moreland	Patsy	311	6
Morris	Phyllis	150	5
Mustain	Irene	11	1
Mustain	Terry	4	1
Napier	Goble	285	2
Neal	Larry	0	0
Neely	Winona	76	2
Neer	Anna	876	15
Nelson	Harold	5,158	24
Nelson	Cedric	500	3
Nelson	Brenda	55	5
Neth	Steve	0	0
Newbury	Douglas	0	0
Newport	Daniel	215	2
Nguyen	Phong T	130	2
Nguyen	Jesse	5	1
Nicholson	Betsy	680	10
Norris	Cody	790	2
Norton	Leslie	1,188	5
Norton	Robert	189	1
O'Connor	Betty	3,558	21
O'Donnell	John	3,614	6
Ogburn	Kenneth	27	2
Olmsted	Richard	734	3
Olson	Mary	20	2
O'Phelan	Michael	0	0
Orsomanzonetta	Bernard	3,423	21
Otto	Howard	0	0
Palen	Kenneth	116	4
Palmer	John C	1,606	7
Palmer	John H	633	3

LAST NAME	FIRST NAME	Hours	Years
Parent	Phyllis	304	5
Parker	Barbara	109	2
Parker	Jeremy	81	1
Peake	Robert	2,621	11
Peake	Mary Lou	3,439	11
Pel	Sotheary	56	1
Pepin	David	43	1
Person	Dorothy	712	16
Peters	Walter	161	4
Pham	An	55	1
Piersee	Charles	145	1
Pilson	Darwin	84	1
Pineda	Gilberto	20	1
Plowhead	Angela	211	2
Ponce	Katharine	42	1
Powell	Linda	23	2
Prescott	John	739	1
Prevost	Trudy	700	7
Prevost	Arthur	700	7
Pritchett	Marjorie	3,821	33
Pugh	Daniel	319	1
Purcell	Kenneth	4,882	16
Puryear	Jordyn	68	1
Quatier	Richard	2	1
Quillin	Mariah	264	2
Quincy	Gisela	264	2
Rakoczy	Michael	387	2
Ratermann	Mary	6,875	26
Rayburn	Sidney	9,587	22
Rector	Robert	255	2
Redmond	Karon	56	1
Reigert	Dwright	152	10
Reijonen	Nancy	333	4
Reijonen	Albert	359	4
Rice	Alfred	824	5
Richardson	Robert	1,732	6
Richardson	Michael	47	1
Richardson	Charles	50	1
Riley	Phyllis	176	5
Rislow	Kenneth	12,187	7
Rizzutto	Clyde	82	5
Robbins	Lawrence	2,321	10
Roberts	Daniel	0	0
Roberts	Albert	32	2
Roberts	Betty	680	5
Roberts	John	688	3
Robinson	Steven	5	1
Robles	Roberto	0	0
Rogers	Austa	9	1
Rogers	Richard	9	1
Rompel	Dawn	202	1

LAST NAME	FIRST NAME	Hours	Years
Ropa	Teresa	64	1
Rowe	Andrew	0	0
Rueckert	Roger	649	3
Ruhberg	George	2,967	11
Ruhmshottel	Philip	1,662	6
Rule	Janet	29	2
Ruschman	Charles	248	9
Ruzicka	Barbara	1,000	16
Ryan	Michael	144	1
Ryan	Melissa	40	1
Sa	Liannha	331	3
Saladino	Joe	250	2
Saldana	Maria	6	1
Satoris	Joel	9,876	28
Savallos	Susan	615	1
Schade	Heidi	84	1
Schinder	Bill	53	1
Schisler	Rita	113	1
Schmidt	Dennis	473	3
Schneider	George	482	13
Schooff	Murna	61	1
Schryvers	Andrew	905	4
Scott	Pauline	10,583	25
Scott	Cheryl	102	2
Scott	Georgia	157	1
Scroggins	Ronald	624	3
Seeyouma	Alvey	16	1
Serini, Sr.	Ralph	4,927	19
Setzla	Ronald	121	1
Sharp	Wayne	7	1
Shaw	Chanel	222	1
Shaylor	Robin	2	1
Shaylor	Brian	2	1
Sheets	Charles	201	7
Sheperd	Peggy	103	2
Shine	Howard	542	3
Shoemake	Marilyn	3,608	8
Shropshire	Irene	1,380	5
Sigmund	Volney	185	3
Sipe	Harold	31	2
Skinner	Thomas	507	5
Slayton	Ray	1,258	1
Smith	Roark	1,706	5
Smith	Antonia	14	1
Smith	Jerry	2,044	10
Smith	Erika	2,866	14
Smith	Vernon	8	1
Smitha	Samuel	0	0
Snider	Randall	0	0
Snider	Mersedeh	0	0
Sobka	Paul	798	5

LAST NAME	FIRST NAME	Hours	Years
Solinger	Diane	16	1
Sparks	Don	353	7
Spencer	Louise	168	4
Spilotro	Christine	0	0
Starr	Ian	2	1
Stetson	Stephen	612	2
Stewart	Dorothy	72	7
Stieber	Conrad	877	15
Stinson	Fredrick	1,991	8
Stoddard	Edward	243	4
Stofiel	John	530	10
Stokes	Arlene	5,018	5
Stratton	James	120	1
Strickland	JoAnn	527	4
Strombaugh	Daniel	188	5
Strong	Jennifer	88	2
Suddock	Marilyn	242	1
Sumner	Verna	1,812	21
Sumpter	Jay	2,259	6
Sund	Tracy	29	2
Swadener	Paul	625	2
Swanson	Sarah	10,853	49
Talla	JeanPierre	71	1
Tanner	Rhea	2,686	12
Tanner	David	384	1
Tapanainen	Evelyn	4,561	33
Tapper	Kay	886	5
Tennant	Marcia	666	3
Thoman	Rex	365	1
Thompson	Donald	775	1
Thomsen	Matthew	72	1
Thomson	Craig	11	1
Thrash	Stephen	0	0
Thun	Clarence	197	3
Thye	Robert	201	2
Townsley	Joshua	2	1
Tran	Taman	0	0
Tran	Tuan	8	1
Trantham	Thomas	0	0
Trinh	Tam	124	1
Trinh	Thank	137	1
Troxler	Dan	137	2
Truong	Karen	28	1
Tucker	Sami	17	1
Tuffo	Keleena	176	4
Turnwall	Ruth	622	16
Turvey	Ruth	1,114	14
Tyler	Dale	1,299	1
Uren	Fredron	236	2
Valleau	David	546	17
Van Dyck	Warren	349	13

LAST NAME	FIRST NAME	Hours	Years
Vanderzanden	Donald	73	1
VanSickle	David	477	2
Varner	Marjorie	4,405	26
Vo	Thuy-anh	76	2
VonDonovan	Joseph	14	1
Voss	Susan	27	2
Wagner	Donald	1,268	10
Walleesen	Gary	16	1
Walter	Keith	0	0
Wark	Barbara	255	2
Watts	George	288	2
Weatherill	Barbara	3,906	14
Weatherspoon-Sanders	Jerronde	16	1
Weber	Betty	1,169	8
Weisgerber	Robert	36	1
Weld	Stephen	329	1
Wenzel	Daniel	0	0
White	Gerald	121	1
White	Corinne	2,040	11
Wickstorm	Robert	4,082	24
Wilcox	Colleen	2,738	5
Wilkins	Stephen	543	3
Willey	Robert	219	2
Williams	Clinton	20	1
Willingham	Richard	443	3
Wills	Jerald	2,806	6
Wilson	Bruce	2	1
Wilson	Dorothy	65	2
Wimber	Carmel	348	1
Winslow	Russell	334	2
Winter-Case	Judith	106	3
Wood	Mason	285	2
Wormington	James	159	1
Worthington	Linda	5,110	15
Xu	Zihao	159	1
Yakkel	Sandy	100	3
Ybarra	Gregory	943	2
Yellin	Brian	53	1
Yoo	David	88	1
Yorioka	Richard	203	2
Young	Melody	32	1
Zachary	Frank	592	5
Zagar	Adeline	15,276	40
Zeleznik	George	527	3
Zeller	Louise	120	3
Zielsdorf	Jennifer	8	1

TASTY TREATS

Sugar Free Peppermint Crush Cookies

From Splenda.com

Makes: 5 1/2 dozen

Preparation Time: 20 minutes

Bake Time: 7-9 minutes

Chill Time: 30 minutes

Ingredients

Cookie

2/3 cup light butter

2 ounces unsweetened chocolate, melted

3/4 cup SPLENDA® No Calorie Sweetener, Granular

1/4 cup egg substitute

1/4 teaspoon mint extract

2 cups all-purpose flour

1 teaspoon baking powder

1/2 teaspoon baking soda

Filling

8 ounce fat free cream cheese

8 ounce reduced fat cream cheese

1 teaspoon vanilla

1/3 cup SPLENDA® No Calorie Sweetener, Granular

Garnish

30 hard sugar free peppermint candies, very finely crushed



Directions

MIX together butter, melted chocolate, and SPLENDA® Granular in a medium mixing bowl with an electric mixer. Blend well.

ADD egg substitute and mint extract. Mix briefly. Add remaining ingredients. Mix using low speed (or by hand) until dough is formed. Do not over mix.

REMOVE dough from bowl and divide in half. Chill dough in refrigerator 30 minutes. Preheat oven to 350° F.

ROLL out chilled dough onto a floured work surface. Roll dough slightly less than 1/4 inch thick (dough puffs slightly while baking).

CUT dough into small 1-inch circles. Place on lightly oiled cookie sheet. Bake in a preheated 350°F oven 7-9 minutes. Cool.

BLEND filling ingredients together. Set aside.

SANDWICH the cookies with 3/4 teaspoon filling. Press together lightly. Spread any excess filling from the interior of the cookie around the outside of each cookie. This will help the crushed peppermint candies stick to the outside of the cookies.

ROLL cookies in crushed peppermint candies, so that the sides of each cookie are completely coated. Chill until ready to serve.

Candy Cane Fudge

Printed from Allrecipes.com,

Prep time: approx. 20 Minutes. Ready in: approx. 2 Hours 20

Minutes. Makes 2 1/4 pounds (64 servings).

Ingredients

2 (10 ounce) packages vanilla baking chips

1 (14 ounce) can sweetened condensed milk

1/2 teaspoon peppermint extract

1 1/2 cups crushed candy canes

1 dash red or green food coloring

Directions

1 Line an 8 inch square baking pan with aluminum foil, and grease the foil.

2 Combine the vanilla chips and sweetened condensed milk

in a saucepan over medium heat. Stir frequently until almost melted, remove from heat and continue to stir until

smooth. When chips are completely melted, stir in the peppermint extract, food coloring, and candy canes.





THANK YOU!
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