



# VOLUNTARY SERVICE

James Tuchschildt, MD. MM. Director

Jan/Feb/Mar Winter Edition 2005

Kay Hilt, Chief, Voluntary Service

## Date/ Events

## FROM THE DESK OF THE CHIEF

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Another new year is well underway. We have many things to look forward to this year. I've noticed that the spring flowers are already beginning to bloom – a sure sign that the earth is warming up and that the full explosion of the fragrant flowers is soon to follow. While we are enjoying the return of spring with family and friends, let's take a moment to remember the people who are far away from home in Iraq, Afghanistan and other parts of the world. We know that the experiences they have will change them forever and that many of them will seek services at the VA for medical and/or psychiatric injuries. Any military person returning from Operation Iraqi Freedom and Operation Enduring Freedom (OIF/

OEF) is given priority for care at the medical center. To date, we have had 260 returning military personnel enrolled for services and 106 have actually become engaged in treatment. Most of these veterans are being treated as outpatients. The Portland VAMC has a designated person who meets with National Guard and Reserve units to provide information regarding accessing care at the VA.

The Portland VAMC expects to have a significant budget shortfall this year due to the increased demand for services. As a result, there is a hiring freeze for all but the most critical positions. In addition, every department has been asked to review expenses and to cut back on all but the essential



purchases. Thanks to all of you who have rallied behind the cost saving measures you can take. Despite all the cost saving measures, belt tightening etc., care and concern for the veteran patient remains very high. The folks who have served this country deserve our honor and they have it!

Kay



Upcoming Events:	
Volunteer Recognition Ceremony	4/12/05
VAVS Quarterly Meeting	5/03/05
Memorial Day Federal Holiday	05/30/05
Independence Day Federal Holiday	07/04/05
VAVS Quarterly Meeting	08/02/05

**Volunteers the Heart of America**



**VAVS EXECUTIVE COMMITTEE PORTLAND**

The Portland VAVS continues to have their gift and ice cream sale every other month. Our January sale was a great success, despite the unexpected illness of some of our loyal members. A special thanks goes to all those who took on extra responsibilities caused by those forced to stay home in bed.

In April we are going to have a display in memory of our beloved member, Phyllis Miller. If anyone has pictures or memorabilia of Phyllis you

would like to share, please contact the Portland Voluntary Service Office.

By Nita Lucht



**VAVS EXECUTIVE COMMITTEE VANCOUVER**

On December 15<sup>th</sup>, 2004 the Vancouver Executive Committee sponsored another bake sale in Vancouver. Due to quick sales and depletion of items during the last sale, volunteers provided more baked

goods for this sale and, consequently, made 40% more than during the July 2004 sale; special thanks to the many Vancouver volunteers who participated in the event. The Forty and Eight donated \$150.00 and the Pearl Harbor Survivors Association donated \$100.00 to the committee for veteran items. The VAVS Executive Committee has just receive two more checks and the donators will be acknowledged at the next quarterly meeting.

For Paul Sobka

**VAVS EXECUTIVE COMMITTEE PROFILES**

**MARJORIE PRITCHETT  
Vancouver**



Marjorie "Marj" Pritchett began her volunteer service at the Vancouver VA 32 years ago when she came to help her aunt with bingo games in Ward 25, in what was then a VA hospital. After several years she branched out into other areas and has been going strong every since.

Marj was born and raised in McMinnville, Oregon. There she met Ike, who was from nearby Yamhill, and in 1941, shortly after their marriage, they moved to Vancouver. Soon Ike was in WWII, serving on a Navy ship in the South Pacific.

After the war, while Ike worked at Swife & Company and later Nabisco, Marj was busy at home with their two sons and daughter and their activities, being a den mother and blue bird leader. The family has grown to include four grandchildren, ten great grandchildren and two step-great-grandchildren. Marj lost a son two years ago and two great-grandchildren live in other states, but the rest of the family

lives in the local area.

In 1968, Marj and Ike had a home built on two acres in the Hazel Dell area of Vancouver, where Marj still lives. Together they enjoyed hunting trips in the Klickitat area, square dancing and travels to Canada, the East Coast and Hawaii, before Ike's death in 1996.

Ike and Marj had affiliated with the DAV and DAVA (Disabled American Veterans and Auxiliary) in the early 1960's. Today she is the DAVA representative on the Vancouver VAVS Committee. She has served two terms as Commander of the local DAVA chapter and is the current Washington state DAVA-VAVS Chairperson.



At the Vancouver VA she is busy every other Wednesday distributing comfort items to veterans in the NSCU, Transitional Lodging Unit (TLU) and the Kidney and Liver transplant units. She also orders comfort items for these units. During the holidays, these or-

ganizations hold a festive Pizza Party for TLU residents.

Marj does all of her own yard work, cutting two acres of grass with her riding mower. In her spare time she likes to read and she enjoys taking trips around the Northwest.

Her quiet, pleasant man-

ner and sunny smile are a welcome presence at the Vancouver VA. We and the veterans are fortunate, indeed, to have received the benefits of Marj's loyal service for 32 years, and we are especially grateful that she is continuing to volunteer.

By Marjorie Varner

## JOY BUDIHAS Portland



Joy Budihas was born in Kansas City, KS. This happy event for her parents happened on August 11th. Raised during the depression; she is a young 80 years old. Her father was a lumber salesman and her mother was a housewife busy raising their four children, two sons and two daughters. Later, they moved to St. Louis, MO where Joy joined the WAVES in December 1941. She took her boot camp training at the Naval Hospital in Maryland and then transferred to the hospital in Corpus Christi, TX where she served as a Second Class

Medical Corpsman for three years.

Before her service career ended, her father came to Oregon on business and fell in love with this beautiful state. He immediately moved his family to the Pacific Northwest. Joy joined her family after serving her country and began working for a brokerage firm and the First National Bank on Southwest Sixth and Morrison in Portland.

She met her wonderful husband, John, at a restaurant in San Francisco when she and a girlfriend were on vacation. This was quite an exciting time in Joy's life. One really needs to ask her how her first date went—like I said, “there was not a dull moment in her courtship, or her life since then”. John was still serving in the United States Navy when he popped the question, and they were married on July 3, 1948. They have two daughters and six grandchildren. John and Joy have lived in the Portland area since their marriage.

Joy has volunteered at the Portland VA medical Center for many years. Joy visits the women patients and presents them with a special laminated pin made from a three cent stamp which has a picture of four women in uniform representing their branch of service. She has served on the VAVS Executive Board for sixteen years and has held the offices of treasurer and assistant treasurer.

Thank you, Joy, for your service to our country and the many years of volunteering. I know you have brought many smiles to patients over all of these years.

I had so much fun interviewing this member. She has had a very exciting life and continues to do so. I can honestly say that I don't think there has ever been a dull moment for her since she met the love of her life, her husband.

By Barbara Weatherill



## MARILYN SHOEMAKE Portland



Marilyn grew up on a farm in the Bitterroot Valley in Montana. She had five brothers. There were no girls that lived near, so she played football and all the boys' games. In 1941 her brothers started leaving for World War II. Four of them were in the service and she was in nurses training, so she joined the Cadet Nurses.

When the Korean War

## VOLUNTEER PROFILES

started she decided it was her turn so she joined the Army Nurse Corps. During that era she was a MASH nurse working in a post-op ward about five miles from the frontline. While serving there she became acquainted with a young soldier patient who was very interested in the medical field. Marilyn developed pneumonia and was flown by helicopter, along with the young soldier, to Seoul. Marilyn had lost track of him, but when being interviewed by one of the local papers years later, she mentioned his name and the reporter found the name on the computer. Marilyn called the phone number and sure enough it was the young soldier. She was concerned about him because a new type of procedure has been performed on him in Korea. His health had been pretty good all those years, but he was going to have some tests in the near future. She has not heard any more from

him.

Marilyn has helped with the Veterans History Project by visiting schools to talk about the Korean War's history. She is also an active member of the Korean War Veterans and spent many hours on getting the word out regarding the Korean War Memorial. She is a charter member of the Womens' Veteran Memorial.

For several years Marilyn has volunteered at the Portland VA Hospital. The Portland VA was not unfamiliar for her as she had been employed here. She makes coffee for the Pharmacy area on Tuesday and Friday and enjoys visiting with people who are waiting to have a prescription filled. She is a friend to all and enjoys volunteering because she sees old friends and meets many new ones. Marilyn loves volunteering and we love having her here.

By Nita Lucht

## WORK-STUDY STUDENT PROFILES

### RICKI RODRIQUEZ Vancouver



Ricki Rodriguez is a Veteran work-study in Voluntary Ser-

vice, Vancouver Division. She began her work-study program with our service in October of 2004. Her continued education goal is to obtain a Bachelor of Science degree in Nursing. Her dream is to become a nurse in palliative/hospice care. The excellent care her father received in the Hospice Unit became her inspiration to finish her degree and help others.

Ricki was born in Longview, WA and graduated from Prairie High School in Vancouver, WA. in 1985. She enlisted in the Air Force in 1988 and served 7 ½

years. Although other women were eventually assigned, she was the first active duty woman in her maintenance shop, serving alongside 200 Air Force men. She was an aircraft structural maintenance and corrosion control technician. Her favorite part of the military was being able to work on the C5, the United States largest cargo aircraft. She was stationed at Dover Air Force Base, in Delaware. Her favorite and funniest experience in the military was wearing "a maternity camouflage battle dress uniform" while expecting her first child. She laughingly commented,



Ricki enjoys reading, bike riding, roller blading, and camping with her children. She walks in the Portland-to-Coast relay which is 102 miles. Her team can usually do this in about 30 hours. The longest leg of this relay is a little over 8 miles, which she has personally completed twice. She says that her team is not a competitive team. She also climbed Mt. St. Helens

last year saying she liked hiking and that she would be able to see more of the mountain this way. She said that climbing the mountain was probably the hardest thing that she has ever done in her life.

The goals that she would like to achieve are to complete her nursing degree, walk in the Portland marathon next year and to be a great role model for her children

Lina, 13 and Erick, 10. She feels she can best accomplish this by setting a good example during adversities. She would like to show them that nothing is too hard to go after if you try.

By Toni Davis

### THOMAS GODSIL Vancouver



Thomas Godsil started his Veteran work-study program in December of 2002. He is working towards a Bachelors of Science degree in technology at Clark College and Eastern Washington University. Upon becoming a work study at the Vancouver Division he was placed in the Escort Department and worked there for 15 months. He transferred to TIMS (Technology Information Management Systems) in March of 2004. In October of 2004, due to decreased work activity in TIMS, Thomas asked if Voluntary Services could use his help

moving to our newly remodeled location. Of course we weren't going to argue! Since the move Thomas has continued to work with the Vancouver staff helping where needed.

Thomas graduated from Evergreen High School in 1996. Having already enlisted in the Marine Corps, he left for basic training four days after graduation. He was stationed in the Marine Corps Recruit Depot (MCRD) in San Diego, CA. for his three months of boot camp. He then went to Camp Pendleton, CA for two months of infantry training. Hawaii, his next stop, became his permanent duty station, lasting 3 ½ years. As an infantry squad leader in charge of 12 basic riflemen, Thomas was responsible for training his squad for war, physically, mentally, and emotionally. He enjoyed many of the people, but most of all he enjoyed leading them. He enjoyed knowing the fact that the knowledge he had gained would be passed down and, consequently, keep his fel-

low servicemen and women from harm.

His goal is to finish his degree and obtain gainful employment repairing computers. His biggest dream is to someday have grandchildren. With grandchildren he could "act like a kid again" without being told to grow up. I asked him about marriage and children of his own first, and Thomas responded that it would be great to skip the first two. He does have a great relationship with his girlfriend of five years, Jane, whom he met while stationed in Hawaii. They have put their plans for marriage on hold until both have completed their schooling.

Thomas has been a big help to Voluntary Service. He has a ready smile and a willing hand. Just the kind of person who makes the office a sunnier place.

By Toni Davis



## NEWS FROM VOLUNTARY SERVICES

### Parking Decals Required for Volunteers Cars

It's no secret to those volunteers who drive to either campus of the medical center that parking is a problem. In an attempt to make sure that only people who should be parking at the VA are parking here, new parking regulations are going into effect. All cars which volunteers drive to the VA will need

to have a red parking decal on them. They are to be attached to the left rear of the car so that your car will be identified as a car belonging to a volunteer. Without those decals, you run the risk of getting a ticket and possibly being towed. Decals can be obtained through the Voluntary Service offices or the parking office on both campuses. In Vancouver, volunteers are asked to park in the designated volunteer spaces. If those spaces

are full then volunteers may park in any lot in legal spaces. (No creative parking please.) In Portland, volunteers will continue to park in patient/visitor parking. Cars with red decals should not be ticketed or towed as long as they are parked in legal spaces. All decals must be in place by April 1<sup>st</sup>. Please call the Voluntary Service office if you have questions or concerns.

By Kay Hilt

### Good Turn-out for Holiday Luncheon

The annual volunteer holiday luncheon was held in the new theater at the Vancouver Division. Extra tables and chairs were added to accommodate all the volunteers attending. Ham, mashed potatoes, dressing, sweet potatoes and veggies were the main course. Delicious punch and sparkling cider were served. Julie did the honors of refilling glasses around the room with sparkling cider.



For dessert there was a beautiful cake and several pies.

Ricki Rodriguez played several songs on the piano while volunteer friends chatted and enjoyed their meal. There was

plenty of food for everyone. The room was especially nice with all the windows making it a very

bright and pleasant atmosphere. The beautiful poinsettias that decorated the table became the door prizes. At various intermissions of the music a few numbers were drawn for the beautiful red potted plants. There were about 25 very happy volunteers that had been lucky enough to win one. Reindeer and Snowmen confetti also decorated the tables. Several people gathered them to make little Christmas decorations of their own.

Thank you VAVS Staff for a wonderful party—job well done.

By Nita Lucht

### RSVP – Retired Senior Volunteer Program

Did you know that if you are 55 years or older and sign up

as a volunteer through RSVP, you may be able to get some assistance with your mileage expenses when you volunteer at the VAMC? Each county has an

RSVP office. To find out more, contact Voluntary Services at either Portland or Vancouver.

By Kay Hilt



**Annual Volunteer Recognition Luncheon**

This year's volunteer awards luncheon will be held on Tuesday, April 12th, at the Monarch Hotel in Clackamas. The

theme is "*Volunteers Light the Way*" and promises to be a fun time for all with original décor, good friends and the fellowship of great people. More information is on its way, so mark your calendars to attend this spe-

cial event where we take the opportunity to recognize the many volunteers who make a difference in the lives of our veterans and Medical Center.

By Gayle Cauthers

**New Donation Process**

Voluntary Services at both the Vancouver and Portland facilities have undergone recent remodeling. Although our new spaces are beautiful, they are limited in storage space. As requested, we are trying to limit

the volume of inappropriate donations, which are currently being thrown away or stockpiled within the workrooms. We have created a "Guidelines for Making Donations to PVAMC" which we hope will assist staff, volunteers, and organizations in accepting only appropriate dona-

tions. Please review the new Guidelines. If you have any questions about items not currently on the guideline, please call the office for clarification.

By Julie Guichot

**New Committee Members Needed**

Voluntary Service is constantly looking for new ways to improve and carry-out the overall mission of the Medical Center. The staff is asking for help by organizing volunteer committees to work on specific areas.

There will be a committee to focus on creative fundraising ideas, such as silent auctions, bake sales/cook-offs, etc. Another committee would focus on special events (i.e. holiday events, group tours, summer picnic, Nat'l Salute to Hospitalized Veterans, Veterans Day, etc.). The committees will hopefully be up

and running by April or May in order to acknowledge the upcoming needs. If you are interested in joining one or more of these committees, please notify Voluntary Service offices in Portland at (503) 273-5042, or Vancouver at (360) 690-1842.

By Gayle Cauthers

**Portland Remodel**



After living out of boxes and borrowed locker space for

two weeks while the Portland Voluntary workroom was being remodeled, our dedicated volunteers have moved back to their former space. Freshly painted walls, new carpet, and a sparkling clean kitchen now greet our volunteers. Voluntary Service staff and volunteers have made great strides in clearing out unusable donations and old paperwork. Bruce Gross, our dedicated Portland volunteer, has created a do-

nation guideline for distribution. We hope this will help cut down on inappropriate donations coming into the facility. All who enter the new workroom remark on the welcomed improvement. Stop by for a visit when you're in the neighborhood!

By Julie Guichot



## NATIONAL SALUTE TO HOSPITALIZED VETERANS

### National Salute to Hospitalized Veterans

Every year, during the week of February 14th, we are given the opportunity to say "thank you" to our veterans who are cared for in the VA Medical Centers, clinics, domiciliaries and nursing homes.

This program, National Salute to Hospitalized Veterans, was established so that people can pay tribute and express their appreciation to the greatest, OUR VETERANS. It also gives the community a chance to better understand the role that the VA Medical Center plays in veterans

health. During this week, especially, people are encourage to visit the veterans and become volunteers.

Montel Williams was chairman of the Department of Veterans Affairs (VA) 2005 National Salute to Hospitalized Veterans campaign. He is also a veteran. Montel enlisted in the Marines in 1974 after graduating from high school and was the first African American enlisted Marine to graduate from both the Naval Academy Prep School and U.S. Naval Academy. He received the 1996 Daytime Emmy Award for Outstanding Talk Show Host in addition to other

honors.

During this National Salute week, individuals, veterans' organizations, schools, sport stars and others were invited to the Medical Center to participate in different activities, programs and special ward visitations. Valentines made by school children, Boy and Girl Scouts and adults were given to the patients. It is also a great time to see how important volunteers are and how much they do for the veterans. They bring so many smiles to patients' faces throughout the year.

By Barbara Weatherill

### National Salute to Hospitalized Veterans (Vancouver)

On Saturday, February 12, five Camp Fire troops and



leaders from Vancouver, WA and Molalla, OR visited the veterans in honor of National Salute to Hospitalized Veterans week. The Camp Fire girls formed two groups. The first group created four large Valentine's Day banners for the veterans to wish them a Happy Valentine's Day and to thank them for serving

our country. The second group removed the rocks that circle the NSCU flag pole Memorial and repainted them red, white, and blue. The memorial was created in honor of veterans using the NSCU. The flag representing their branch of service is lowered to half mass upon their passing.

After the banners were created and rocks painted, the girls decorated the Victory room (patient dining room). Lunchtime arrived and we all visited with the veterans and had a wonderful time listening to their historical stories. Over 200 Valentine's Day cards were made for the veterans by elementary school children around the State of Washington. The Camp Fire troops and leaders ended the day by giving each veteran a Valentine card and thanking them for our freedom. Thank you Camp

Fire troop leaders; Stacy Birley, Jody Crabb, Cherri Faulhaber, Cherie Mortazavi, and Ann Marie Murphy for your support in celebrating National Salute to Hospitalized Veterans.

Members of the AFROTC unit at the University of Portland visited during the afternoon, as did members of the Military Order of the Cootie.

The Valentine and Salute Party in the Victory Room was given by the American Red Cross volunteers. The Red Cross youth group at Vancouver's School of Arts and Academics assisted, and entertainment was provided by a 15-piece orchestra and 16-member chorus from that school.

By Barbara Parker and Marjorie Varner



## PORTLAND AND VANCOUVER NEWS

### Toot-Toot Holiday Railroad



The Holiday Railroad train departed its station at PVAMC on November 26, 2004. This G-scale locomotive and six cars, two hauling wrapped Christmas gifts, traveled around the Christmas tree at the Medical Center. Our volunteer engineers monitored the train's progress on two hour shifts, from 8:30 am to 2:30 pm Monday thru Friday.

Comments about the railroad were numerous and positive. Old veterans, young veterans, family members

young and old, doctors, nurses, and medical staff all said the train was great. Many had a story to tell about how the model train reminded them of Christmas past. The train arrived back at the station on December 21, 2004 at 2:30 pm. I want to thank each and every person who helped make the train such a success. Planning is already underway for a 2005 departure.

By: Bruce Gross,  
Volunteer train coordinator

### Special Thanks



Patricia Blair deserves a special thank you from all of us at the Portland VA Medical

Center for her 21 years of dedication in the preparation of the Veterans and Memorial Day services that have been held in the Vancouver Chapel.

Patricia will be turning this over to the Marine Corp League this coming year and offers her help if needed.

She would like to thank Father Wickham, the University of Portland Air Force ROTC and all of the service organizations for carrying their

colors at the past Veteran's Day Services. Also, Pat thanks all the people who helped with food preparation and clean up after the service.

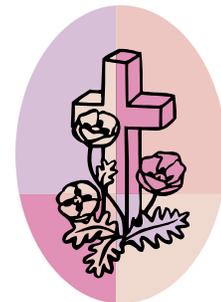
The next Memorial Day Service will be held on May 29, 2005 in the Victory dining room in building D8.

*Thank You!!*

### Honoring Our Volunteers

Help us honor the volunteers who passed away last year at our annual awards ceremony. We don't want to overlook anyone, so please let us

know the names of the volunteers who were lost to us since last April. Please call Voluntary Services at 503-273-5042 or 360-690-1842 with these names. Thank you.



## Activities

Interesting activities continue at NSCU under the direction of John Vazquez, activities director. On February 6, a Super Bowl party was held with all the essential components: Dips & chips, popcorn, veggie trays, a non-betting pool with canteen books for winners, and—oh, yes—the game between the Patriots and Eagles.

A super Ice cream social took place on Shrove Tuesday. NSCU residents were treated to Banana Splits, Ice Cream Sundae and Root Beer Floats. Staff and visitors donated for their indulgences with all proceeds going to the Compassionate Meals program.

Three certified therapy dogs visit the NSCU on a regular basis, bringing their special gifts of unconditional love to share

with the residents there.

Residents go bowling once a month at Crosley Lanes with the aid of adaptive equipment provided by the Longview-Kelso Women's Bowling Association.

Monthly, two VFW lodges, one in Vancouver and one in Woodland, serve a weekend breakfast to NSCU veterans.

By Marjorie Varner

## **ALERT!! ALERT!! ALERT!!** **In some cases you should talk to strangers**

The Joint Commission on Accreditation of Hospitals Organization is now reviewing hospitals without first notifying the hospital when they will be visiting. That means all hospitals are expected to be "continuously ready". Hospital staff and volunteers need to be prepared at all times to deal with any situation which might present a threat or a concern to the health and/or safety of patients. Such things as fire (RACE), spills and infection-control (hand hygiene, stay home when sick) are important for all of us to have an everyday, working knowledge. If someone, most likely someone you don't know and who is wearing a suit, asks you a question about these or other things, the answer NEVER is "I don't know". The question may be asked in a way to trick you. If it is, you have the right to say, "I would like to an-

swer your question, but it is not clear what you are asking, please clarify". If you really don't know the answer, then the answer should be "We all go through an orientation and an annual review but whenever I am uncertain about something or need to review our policies, I ask my supervisor who is (fill in the blank) or look in our manuals which are located in the (name the place) office."

Volunteers can and will be asked questions by JCAHO surveyors. Please take your annual reviews seriously. Don't be the one person to go down in infamy at the VA. Here is a list of responsibilities that volunteers have for knowledge of infection control.

1. Adhere to all infection control policies and procedures.
2. Complete orientation, annual review and additional infection control education as needed.
3. Get influenza vaccine, an-

nual PPD etc.

4. Use proper hand hygiene and wash your hands frequently.
5. Stay home if you are ill with an infectious or communicable illness
6. Practice respiratory etiquette/hygiene when indicated by covering mouth when coughing or sneezing, discarding tissue appropriately.
7. Do not consume food in clinical areas or areas where patients are located. Confine food consumption to offices, break rooms and/or designated areas only.
8. Provide infection control education to patients when indicated.

By Kay Hilt



## DAV NEWS

### DAV Defensive Driving Training

Voluntary Services and the DAV are once again sponsoring



the mandatory annual defensive driving refresher course. This course provides an opportunity to review defensive driving techniques critical to safe delivery of our veterans. In addition to offering these courses in Portland, staff will travel to Florence and Bend to present this training. The Voluntary Service staff is grateful to all of our instructors for giving so

much of their time to ensure safe transportation of veterans. Voluntary Services and the DAV welcome volunteers interested in participating in this valuable program. If you are interested in volunteering as a driver, please call the office at 503-273-5042.

By Julie Guichot

### Seven Wonders of the World

A group of students were asked to list what they thought were the present "Seven Wonders of the World." Though there were some disagreements, the following received the most votes:

- |                           |                          |                         |
|---------------------------|--------------------------|-------------------------|
| 1. Egypt's Great Pyramids | 2. Taj Mahal             | 3. Grand Canyon         |
| 4. Panama Canal           | 5. Empire State Building | 6. St. Peter's Basilica |
| 7. China's Great Wall     |                          |                         |

While gathering the votes, the teacher noticed one student had not finished her paper yet. So she asked the girl if she was having trouble with her list. The girl replied, Yes, a little. I couldn't quite make up my mind because there are so many."

The teacher said, "Well, tell us what you have, and then maybe we can help." The girl hesitated, then read, "I think the 'Seven Wonders of the World' are:

- |             |            |             |
|-------------|------------|-------------|
| 1. To See   | 2. To Hear | 3. To Touch |
| 4. To Taste | 5. To Feel | 6. To Laugh |
| 7. To Love  |            |             |

The room was so quiet you could have heard a pin drop. The things we overlook as simple and ordinary, and that we take for granted, many times are truly wondrous!

A gentle reminder . . . that the most precious things in life cannot be built by hand or bought by man.

**Don't be too busy today . . . to share the wonder!**



# VOLUNTEERS LIGHT THE WAY

ANNUAL AWARDS BANQUET  
APRIL 12, 2005

12:00 noon lunch served

Check in begins at 11:00 am

**\$12.00**

(no cost for people receiving awards or medical center  
dignitaries)

**Monarch Hotel**

**12566 SE 93rd Ave**

**Clackamas, OR 97015**

(503) 652-1515

**RSVP TO VOLUNTARY SERVICE BY APRIL 1st**

**(No Joke!)**

**1(800)949-1004 ext 55042**



VOLUNTEERS LIGHT THE WAY  
2005 AWARDS BANQUET

ENTRÉE CHOICES: 1. Chicken Pasta Primavera or 2. Vegetarian Stir Fry

NAME \_\_\_\_\_ Award Recipient  yes  no

Pasta  Vegetarian

GUEST NAME(S) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Pasta  Vegetarian  
 Pasta  Vegetarian  
 Pasta  Vegetarian

Cost: \$12.00 per lunch. Make checks payable to VAMC. No cost for people receiving awards or medical center dignitaries

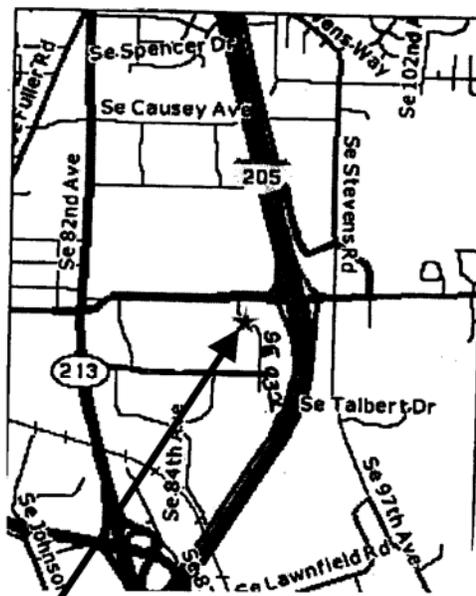
**Registration deadline April 1st**

*The Shuttle will depart the Vancouver facility at 10:00 am in route to the Portland facility. Departure from the Portland Medical Center to the Monarch Hotel is scheduled for 10:40 am. The return shuttle will depart the Monarch at 2:00 pm. If you are interested in using the shuttle, please call early to reserve your seat. Thank you.*

**DIRECTIONS**

**NORTH ON I-205:** Sunnyside Rd/Sunnybrook Blvd Exit #14. Turn Left onto Sunnybrook Blvd at top of off-ramp. Go to second stoplight; turn Right. This is SE 93<sup>rd</sup> Ave and will lead to entrance to the Monarch Hotel.

**SOUTH ON I-205:** Take Sunnyside Rd/Sunnybrook Blvd exit #14. Turn Right onto Sunnyside Rd at top of off-ramp merging into the far left lane. Turn left at first stoplight. This is SE 93<sup>rd</sup> Ave and will lead to the entrance to the Monarch Hotel.



12566 SE 93<sup>rd</sup> Ave, Clackamas, OR



## Congratulations to this years awards recipients!!

Adams, Patricia, 100	Compton, Delora, h-y	Ganer, Kathryn, 100
Albright, Jere, h-y	Cook, Rosemary, h-y	Garrett, Vivian, 100
Alford, Lester, 300	Coover, Delores, h-y	Gascon, Judith, 300
Allard, Rose, 750	Cox, Jerry, 100	Gerety, Liam, h-y
Allen, Bo, 1,750	Cruze, Ingeborg, 500	Gordon, Eric, 300
Allen, Gerda, h-y	Cruze, Robert, 1,000	Granato, Geleste, 1,000
Allison, Alan, 100	Culver, Jr., Gary, h-y	Gridley, Audrey, 300
Anderson, Viola, 100	Curry, Ron, 100	Gross, Bruce, h-y
Angell, Terri, 300	Dahl, Cyndi, 500	Gunn, Nora, 100
Archer, Michael, 750	Dahl, Dawn, 500	Haltiner, Karen, h-y
Baer, Daniel, 2,500	Daly, Brigid, 100	Haltiner, Robert, h-y
Bailey, John, 100	Davis, Toni, 100	Hankel, James, 2,500
Bailey, Martha, 1,000	Dawalt, Angela, 300	Hanson, Adam, 1,750
Baldassarre, Heather, 100	Dennis, Hershel, 100	Hanson, Richard, h-y
Banks, Roger, 300	Doan, Diep, 100	Harbell, Daniel, 2,500
Barneburg, Kathy, h-y	Dove, Richard, h-y	Harbert, April, 750
Barrie, Ann, 3,750	Dove, Thomas, 300	Harding, James, 1,000
Barrie, Richard, 3,750	Downey, Barbara, 300	Harrison, Kenneth, 100
Bateman, Marcus, h-y	Dunlap, Marlin, 500	Harrison, Roger, 100
Bennett, Logan, 300	Dunn, Patrick, 300	Hathaway, Thelma, h-y
Bishop, Karin, 500	Eillingson, John, 100	Herderson, Jerry, 100
Blackburn, Gerard, h-y	Eisenga, Mike, 750	Hermanson, Harold, 100
Blackburn, Nannette, 1,750	Eiss, Francoise, h-y	Hicks, Larry, 300
Blackman, A J, 1,750	Equall, Steven, 300	Hicks, Walter, 100
Blair, Barbara, 500	Fairclo, David, h-y	Hill, Larry, 100
Blair, Patricia, h-y	Ferguson, Robert, h-y	Hill, LaVonne, 300
Blair, Perry, h-y	Ferreira, Ana, 100	Hoell, Charles, 1,750
Bobroff, Alexander, 100	Fickett, Miller, 100	Hoffman, Eugene, h-y
Bodin, Jerry, h-y	Fisher, Anna, 750	Hopper, Rex, 1,750
Bolte, Lynn, 300	Fisher, George, 1,000	Horton, Neil, 1,750
Bowles, Kristina, 100	Flaherty, Lawrence, 100	Houston, Phyllis, 1,000
Brower, Frank, h-y	Flinn, John, h-y	Howard, James, 500
Brown, Sandra, 500	Flohr, Floyd, h-y	Hoyt, James, 300
Budihias, John, 300	Fogle, Freda, 300	Hurley, Kimberly, 100
Cafiero, Sal, 500	Fogle, George, 300	Irish, Del, 500
Carter, Floyd, 500	Ford, Dean, 500	James, Marilyn, h-y
Cartwright, David, 300	Forquer, Seth, 1,750	Jeffrey, Robert, 300
Caufman, Marilyn, 300	Forsyth, Melvin, 500	Johnson, Kyle, 300
Cavarno, Anthony, 1,000	Foster, Daniel, 1,750	Jones, Donald, 500
Chambers, Amanda, 100	Foust, Alberta, h-y	Jossi, Fred, h-y
Chapman, Donald, 1,000	Foust, Alfred, h-y	Kent, John, 300
Chapman, Sandy, 300	Franklin, Kent, 100	Kerr, Marion, 100
Christman, Beverly, 500	Froseth, Arlene, 3,750	Khan, Sadia, 100
Ciavara, Linda, 100	Froseth, Perry, h-y	Kimbro, Delmar, h-y
Clarence, Elaine, 100	Funderburg, Jeffery, 300	Kirk, Russell, 100
Cockeram, Eugene, h-y	Funderburk, Lyle, 500	Kleyberg, Kyrre, 1,000
Comer, Robert, 100	Gabrio, Joseph, 100	Knott, Leonard, 500
Compton, Clarence, 1,000	Ganer, Jackie, 100	Kolek, Barry, 500

Krausse, Adolf, 1,000  
 Kross, Jeremy, 100  
 LaFrazia, George, 1,000  
 Larson, Floyd, 300  
 Laurion, Ruth, h-y  
 Lauro, Art, 500  
 LeClaire, Larry, 100  
 Leitch, Larry, 500  
 Lenard, Eugene, 100  
 Leonard, Dorothy, 300  
 Lewis, Laverne, h-y  
 Lill, Steven, 500  
 Lindquist, Gloria, 300  
 Long, Robert, 300  
 Lucht, Juanita, h-y  
 Lucht, Richard, h-y  
 Lund, Jerry, 500  
 Lund, Orville, 100  
 Magee, Frances, 100  
 Mariola, Richard, h-y  
 Markee, Richard, 500  
 Marsh, Leonard, h-y  
 Marsh, Ray, h-y  
 Mask, Gene, 1,750  
 Mathes, Leosisa, 100  
 McAlexander, Robert, 300  
 McCarty, Robert, 100  
 McLarty, Melvin, 100  
 Mendoza, Patricia, 100  
 Meredith, John, 300  
 Messett, Thomas, 500  
 Midbust, Gerald, 750  
 Moore, Garry, 500  
 Moore, Helen, 500  
 Morales, Luis, 100  
 Moreland, Patsy, 100  
 Moreland, Robert, 100  
 Morgan, Shawn, 1,000  
 Napier, Goble, 100  
 Neer, Anna, 750  
 Nelson, Cedric, 100  
 Nelson, Harold, 5,000  
 Nguyen, Binh, 500  
 Nguyen, Stacy, 100  
 Norcross, Harry, h-y  
 Norton, Hallie, h-y  
 Norton, Leslie, 750  
 Norton, Ruby, h-y  
 O'Connor, Betty, h-y  
 O'Donnell, John, 2,500  
 Olmsted, Richard, 500  
 Orsomazonetta, Bernard, h-y  
 Palmer, John C, h-y  
 Palmer, John H, 300  
 Parker, Barbara, 100  
 Pass, Michael, 7,500  
 Peake, Mary Lou, h-y  
 Peake, Robert, h-y  
 Perez, Katherine, 100  
 Peters, Walter, 100  
 Phillips, Erin, 100  
 Picard, John, h-y  
 Potter, Rawlin, 300  
 Pritchett, Marjorie, h-y  
 Prosser, Jim, 100  
 Purcell, Kenneth, h-y  
 Quincy, John, h-y  
 Ratermann, Mary, h-y  
 Rayburn, Sidney, 8,750  
 Reukert, Roger, 300  
 Rhyne, April, 100  
 Richardson, Robert, h-y  
 Riley, Phyllis, 100  
 Rislow, Kenneth, h-y  
 Roberts, Betty, 500  
 Roberts, John, 300  
 Robinson, Jeri, 100  
 Roy, Ami, 100  
 Ruhberg, George, 2,500  
 Ruhmshottel, Philip, 1,000  
 Russell, Brenda, 500  
 Sa, Liannha, 100  
 Satoris, Joel, 8,750  
 Scantling, Preston, h-y  
 Schmidt, Dennis, 100  
 Schryvers, Andrew, 500  
 Scroggins, Ronald, 300  
 Selland, Roland, h-y  
 Serini, Sr., Ralph, h-y  
 Serley, Justin, 300  
 Shine, Howard, 100  
 Shoemake, Marilyn, h-y  
 Shropshire, Irene, 1,000  
 Sigmund, Volney, 100  
 Skinner, Thomas, 300  
 Smith, Erika, 2,500  
 Smith, Jerry, h-y  
 Smith, Roark, 1,000  
 Sobka, Paul, 500  
 Spencer, Louise, 100  
 Spillman, Cathy, 100  
 Stein, Alvin, h-y  
 Stetson, Stephen, 300  
 Stinson, Fredrick, h-y  
 Stofiel, John, 500  
 Stokes, Arlene, 3,750  
 Strickland, JoAnn, 300  
 Suddock, Marilyn, 100  
 Sumner, Verna, 1,750  
 Sumpter, Jay, 1,750  
 Swadener, Paul, 100  
 Swanson, Sarah, h-y  
 Swanson, Victor, 1,000  
 Swearingen, Mark, 100  
 Tapper, Kay, 500  
 Tennant, Marcia, 500  
 Thomas, Adrian, 300  
 Thomas, Charles, 100  
 Thompson, John, 300  
 Thun, Clarence, 100  
 Tobiasson, Allan, 300  
 Tuffo, Keleena, 100  
 Turner, Daniel, 100  
 Ullman, David, 300  
 Valteau, David, 500  
 VanSickle, David, 100  
 Varner, Marjorie, h-y  
 Wark, Barbara, 100  
 Watts, George, 100  
 Weatherill, Barbara, h-y  
 Weber, Betty, 1,000  
 Weinstein, Jerome, 35,000  
 Wheelock, Debra, 300  
 White, Corinne, 1,750  
 Whitty, Anh, 100  
 Wickstorm, Robert, h-y  
 Wilkins, Stephen, 300  
 Willingham, Richard, 100  
 Wills, Jerald, 1,750  
 Wilson, Paul, 1,000  
 Winbolt, Calvin, h-y  
 Winslow, Jeanne, 300  
 Withers, Cliff, 1,750  
 Wood, Mason, 100  
 Worthington, Linda, h-y  
 Ybarra, Gregory, 300  
 Zagar, Adeline, h-y  
 Zeleznik, George, 300  
 Zimmerman, Jon, 100



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